

OPERATIONAL GUIDELINES FOR PROMOTION OF ADVENTURE AMONG YOUTH



1. OBJECTIVE

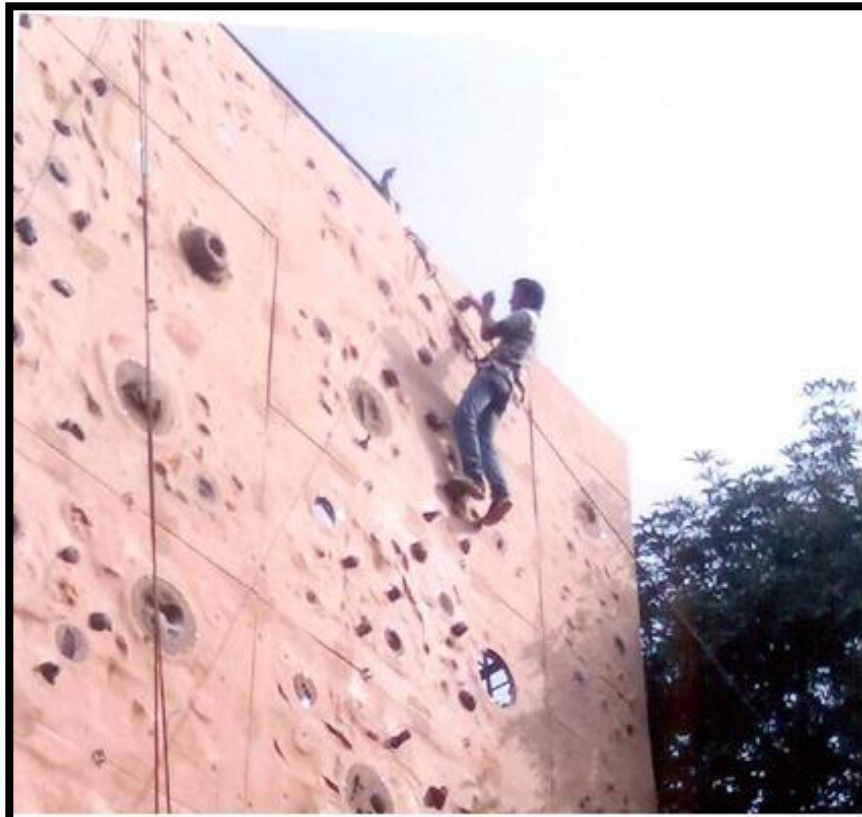
1.1 The objective of the adventure activities are to create and foster amongst the youth a spirit of risk – taking, cooperative team work, the capacity of ready and vital response to challenging situations and of endurance. This also provides a creative and happy outlet for the abundant energy, enthusiasm and imagination of youth. While all youth should get the opportunity to avail themselves of adventure facilities, this scheme specially intends to serve the first generation learners and non-student youth both in urban and rural areas with particular thrust on non-student young people in the rural areas. This scheme also intends to create and strengthen institutional structures to support adventure programmes.

2. PROGRAMME COMPONENTS

The scheme provides financial assistance in the form of grants- in-aid for conducting the following activities.

- (a) Adventure Activities of basic/intermediate level within India;
- (b) Adventure Activities of Advanced level within India;
- (c) Adventure Training and/or Awareness Camps at suitable places;
- (d) Seminars, Workshops, Film/Slide Shows, Exhibitions, Festivals along with some demonstrative activities by experts on adventure;
- (e) Assistance to Recognised Institutions to Promote Adventure; and
- (f) Tenzing Norgay National Adventure Awards.

3. ACTIVITIES UNDER THE PROGRAMMES



3.1 Adventure Activities of Basic/Intermediate Level within India: The following activities can be undertaken within the scope of this programme:

- (a) On Land: Trekking at 8000 feet above mean sea level, Mountaineering, Rock Climbing etc. Cycling in a difficult terrain; Grass skiing; Snow skiing; Bungee jumping and Vehicle Safari for at least 1500 Kms. (one way) i.e. 3000 Kms. and total with a minimum of five vehicles.
- (b) In Sea: Long Distance Swimming, Surfing, Board Sailing (Wind Surfing), Sailing, Snorkeling, Scuba Diving of elementary level; Sea Awareness; Power Boating and Long Distance Motor Boating.
- (c) In The River, White/Wild Water: Long Distance Swimming, Rafting, Kayaking, and Canoeing;
- (d) In the Sky: Elementary Parasailing Ballooning and Hot-air Ballooning and Paragliding;



(e) Others: To be decided on merits of each adventure proposal following due procedure.

3.2 Adventure Activities of Advanced Level within India: Following activities can be undertaken within the scope of this programme:

- (a) On Land: Mountaineering Expedition for peaks more than 18,000 feet of height, Desert safari and Jungle safari for a minimum of 500 km., ski jumping and Vehicle Safari of minimum 3000 km. (one way).
- (b) In Sea: Sailing in Sea/Ocean, Long Distance Swimming, Surfing and Board Sailing (Wind Surfing), Snorkeling, Scuba Diving of higher level, Cave Diving and Exploration.
- (c) In the River, White/Wild Water: Rafting, Kayaking, Canoeing.
- (d) In the Sky: Micro- light flying, Sky-diving, Powered Hang Gliding, Ski jumping in India.

3.3 Adventure Training and/or Awareness Camps at suitable places:- Under this programme, One-week Adventure Camps such as Jungle Safari/Trekking, Desert Safari/Trekking Beach Trekking or Training/ Awareness Camps may be organised in hilly areas, sea beaches, jungles and in similar other places where some demonstrative activities can be carried out by the experts before a group of young men and women and elementary training can be imparted to them to start with. The venue of the camp should be activity specific. Number of participants in such camp should be minimum one hundred and maximum three hundred. The location of the camp should not be very far from hospitals and adequate public transport. The basic idea of this type of a camp is to give an on-hand exposure to adventure activities to the youth.

3.4 Seminars, Workshops, Film/Slide Shows, Exhibitions, Festivals along with some demonstrative activities by experts on adventure:- Activities under this programme would be staged in both rural and urban areas. Activities like rope-walking, Tarzan swing, Monkey crawling and like, which do not need any costly equipment would be undertaken. Famous mountaineers and adventure personalities would be invited to directly interact with the youth. The duration of such seminars/workshops and exhibitions should be for a minimum of one day to a maximum of three days. The number of participants should be a minimum of 100 and maximum of 300. During the National Youth Festival, which is organised every year from 12 to 16 January, an Adventure Festival will be staged to give similar exposures to the youth. For this purpose, the organisers of the National Youth Festival may invite reputed organisations working in the field of adventure and eminent adventure personalities on such terms and condition as are decided by the Ministry of Youth Affairs and Sports.

4 ASSISTANCE TO RECOGNISED INSTITUTIONS:

4.1 Financial assistance through block grant may be provided to Recognised Institutions

with whom there are agreements of the Ministry of Youth Affairs and Sports:

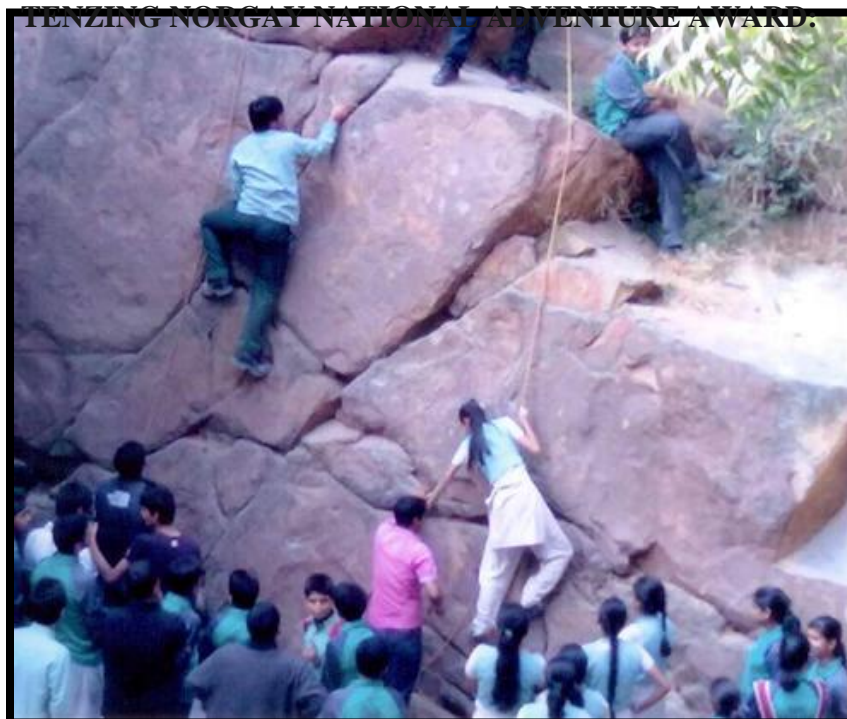
- to promote adventure among the youth in such ways and means as are approved by the Ministry;
- to impart training to the youth in various adventure activities, to purchase various adventure equipment for the purpose of using and lending them to the member (s) on approved terms and conditions;
- to develop adventure resource centres both in terms of expertise and equipment; and
- to provide counseling and rescuing services to whomsoever in need.

4.3 The Indian Mountaineering Federation (IMF) is also recognised in this scheme as the apex body to oversee mountaineering activities in this country and to control the expeditions in the mountain peaks within the geographical territory of this country in consultation with Ministry of External Affairs and Ministry of Home Affairs. In addition the Himalayan Mountaineering Institute, Darjeeling (W.B) and the Jawahar Institute of Mountaineering and Winter Sports, Pahalgam (J&K) under the Ministry of Defence are the other national level institutions along with IMF are eligible to receive block grants under the scheme.

4.3 The National Institute of Water Sports, Goa under the Ministry of Tourism is recognized in this scheme as the apex body to oversee and receive grants for adventure-related activities in water.

4.4 The Aero Club of India, New Delhi is recognized as the apex body to oversee and receive grants for adventure related activities in air.

4.5 Other Institutions in the field of adventure will be provided with grant-in-aid on a project basis based on guidelines of Promotion of Adventure.



5.1 The objectives of the Award are:

- To recognize the achievements of persons in the fields of adventure.
- To encourage young people to develop the spirit of endurance, risk-taking, cooperative teamwork and quick, ready and effective reflexes in challenging situations.
- To provide incentive to the young people for getting exposed to the adventure activities.
- The Status of the Award will be same as Arjuna Awards conferred in the field of sports by the Ministry of Youth Affairs and Sports

5.2 Recommendations for the Tenzing Norgay National Adventure Awards as per format in Appendix-4 can be made by the Youth/Sports Department of The State Government concerned, or a recognized adventure institute like Indian Mountaineering Foundation or by the Adventure Promotion Cell of the Army/Navy/Air Force or Indo-Tibetan Border Police or similar other para- military forces. All nominations in respect of serving personnel of Army/Navy/Air Force should only come through their respective Adventure Cell/Directorate. The Ministry of Youth Affairs and Sports can also nominate any person on its own or seek nominations from such other organisations/agencies as are deemed fit, for this award.

5.3 The followings are the salient features of the Tenzing Norgay Adventure Award:-

- Ordinarily not more than one Award each will be made for adventure activities on Land, Sea and Air. A lifetime achievement award may also be conferred in a year. This Ministry may increase the number of awards in a particular year for specific reasons recorded in writing and with the approval of the Minister of Youth Affairs and Sports.
- Entries will be received in a pro- forma enclosed in Appendix-4 giving the past performances of the persons recommended in general and for the year of the Award in particular within such date as is specified on year to year basis. The last date of entry may be relaxed at the discretion of the Government of India in exceptional cases.
- Government of India will set up a Special Committee to scrutinize all the entries received as above and make its recommendations to a National Selection Committee to be headed by the Minister (Youth Affairs and Sports).
- To be eligible for the Award, a person should have excellent performance and have outstanding qualities of leadership, a sense of adventure discipline.
- The decision of the Government of India in respect of the Award will be final.
- The Award will consist of:
 - o A bronze

- statuette; ○ A scroll of honour;
- A blazer with a silken tie/a saree;
- A cash award of Rs.3,00,000/- or the same amount as for Arjuna Award for that particular year. (The Awards will be presented to the winners along with Arjun Awards by the Government of India)
- The Awardees will be reimbursed to and fro air fare and such other fare of conveyance as relevant in the journey through shortest route from his/her place of stay to the place of award ceremony and back;
- Awardees will also be provided free board and lodging in a suitable place for the award ceremony;
- During their stay the awardees will be provided 25% of the admissible DA. They will also be provided journey DA as admissible; and
- One companion with each lady and physically handicapped awardee will be provided with same travelling and board/lodging/DA facilities as that of the awardee herself/himself.
- Canvassing in any form in respect of any entry will render that entry liable to be disqualified.
- No award will be made for a second time to the same person under same category.
- The award may be given posthumously if such an occasion arises.
- Government of India may cancel or annul the award to any person and circumstances which is the opinion of the Government might render such person unworthy of the award and thereupon the recipient shall be required to surrender the statuette and the scroll of honour. However, the Government of India may restore the award if it decides to withdraw the cancellation or annulment.
- The decision of the Government of India in respect of interpretation of these rules shall be final and no appeal shall lie against them.
- A person who is recommended for the Award shall be deemed to have accepted these Rules.

7. PATTERN OF ASSISTANCE

6.1 Adventure Activities of Basic and Intermediate Level Within India: Under this category following will be the admissible items of expenditure:

- (i) Travelling Expenses: From the Railway Station nearest to the place of stay/location of grantee up to the Railway Station nearest to the place of adventure and back in Sleeper Class of Mail/Express train of Indian Railways. Additionally, for the case of land adventures, actual fare in a State Roadways non-deluxe bus to and fro journey for that part which is not connected by rail.
- (ii) Board and Lodging: At the flat rate of Rs.200/- per day per head for the whole period of adventure activity including the journey days. The total duration of the activity including journey days should not exceed 30 days.
- (iii) Hiring of Equipment: Actual hiring charges if the necessary equipment are

hired from any Government agency with adequate proof. Otherwise, grants for hiring/purchase of equipment shall be restricted to Rs. 1000/- per person/per camp.

(iv) Special Allowances: For water and sky adventures and activities on snow, special allowance up to Rs.2000 per head for the period of adventure activity only to take care of special needs and as an incentive.

(v) Maximum Ceiling: For any adventure activity under this programme the grant should not exceed Rs.5.00 lakh for each programme.

6.2 Adventure Activities of Advanced Level Within India: Under this category following will be the admissible items of expenditure:

(i) Travelling Expenses:- From the nearest Railway Station to the place of stay/location of grantee up to the Railway Station nearest to the place of adventure and back in A/C 2 Tier of Indian Railways. For places not connected by rail, actual fare in a State Roadways non-deluxe bus/ ordinary taxi @ Rs. 6.00 per km traveled on road (to and fro) will be admissible for that part of the journey.

(ii) Board and Lodging):- Rs.500/- per day per head during the actual period of adventure and Rs.200/- per day per head for the journey period or non-performing period in case of water and sky adventures.

(iii) The total duration of the activity including journey days should not exceed 30 days. However, under special circumstances like natural calamities – beyond the control of the grantee, the duration may be extended with the approval of the Secretary, Ministry of Youth Affairs and Sports

(iv) Equipment charges: Actual cost of purchase or hiring of equipment as per approved budget by the Ministry.

(v) Porter Charges: Actual Porter Charges in case of trekking/Mountaineering.

(vi) Medical Allowance: Rs.10,000/- per head as medical allowance.

(vii) Number of beneficiaries: In the question of calculation of the admissible grants, participants of the programme shall only be taken into account.

(viii) Maximum Ceiling: For any particular adventure activity, under this programme, grant shouldn't exceed Rs.20.00 lakh. Number of activities in a particular year shall be restricted to two per category of land, water and air adventure.

6.3 One-week Adventure Training and/or Awareness Camps at suitable places:

Under this programme following will be the admissible items of expenditure:

(i) Travelling Expenses: From the Railway Station nearest to the place of

stay/location of grantee up to the Railway Station nearest to the location of camp and back in 2nd Sleeper Class of Mail/Express train of Indian Railways.

Additionally, for the case of land adventures, actual fare in a State Roadways non-deluxe bus to and fro will be admissible for that part of the journey, which is not connected by rail.

- (ii) Board and Lodging: At the flat rate of Rs.200/- per day per head for the entire period of journey and the camp. The total duration of the camp should not be less than five days and shouldn't be more than ten days. Total duration of the programme including journey days should not exceed 15 days. However, under special circumstances like natural calamities – beyond the control of the grantee, the duration may be extended with the approval of the Secretary, Ministry of Youth Affairs and Sports.

- (i) Hiring/Purchase of Equipment: Grants for hiring/purchase of equipment shall be restricted to Rs. 1000/- per person/per camp.

- (iii) Maximum Ceiling: Total grant for a single camp should not exceed Rs.3.00 lakh.

6.4 Seminars, Workshops, Film Festivals/Slide Shows etc.

- (i) Rental of Hall/Erection of Pandals etc.: Actual expenditure, subject to a maximum ceiling of Rs.20,000/- per day for a maximum period of three days.
- (ii) Hiring of Films/Slides/Projectors etc.: Actual, subject to maximum of Rs.20,000/- per day for a maximum period of three days.
- (iii) Hiring of Lights/Sound System/Chairs etc.: Actual, subject to a maximum of Rs.20,000/- per day for period of three days.
- (iv) Publicity: Maximum Rs.25,000/- per programme.
- (v) Travelling Expenses of Experts and Eminent Adventure Personalities: Actual, subject to a maximum ceiling of Rs.25,000/- per programme.
- (vi) Other Contingency: Maximum Rs.50,000/- per programme.
- (vii) Maximum Ceiling: Maximum ceiling of grant per programme shall be Rs.5.0 lakh.

6.5 Assistance to Recognised Institutions to Promote Adventure: Recognised Institutions will be provided assistance, mainly for following five purposes:

- i. Undertaking adventure activities;
- ii. Imparting Training on Adventure;
- iii. Purchase of Equipments to create a resource center;
- iv. Providing expertise and Counselling and
- v. Providing rescue services.

Institutions will be sanctioned grants on annual basis as per such agreements as are laid down between the Ministry of Youth Affairs and Sports and some other Ministry like Ministry of Defence, from time to time and subject to a thorough reliability and validity check of their proposals in the light of their previous year's performances, on case to

case basis. For a newly recognised Institute, the ceiling of the grant would be Rs.10.00 lakh for the first year. There won't, however, be any maximum ceiling for a functional and regular grantee institute.

Any recognised Institute may be granted central funds for undertaking documentation of renowned and historic adventure programmes and training methodology.

6.6 Tenzing Norgay National Adventure Award: Financial admissibility already envisaged in para .5.3.

7. BUDGET ESTIMATE FOR TYPICAL PROGRAMME COMPONENT

- One-week Adventure Trekking/ Camp for 25 participants at basic and intermediate level with 5 night halts in tents in Jungle/desert/beach:-

Board and Tentage @ Rs. 200/- for 25 youth for 7 days (200x25x7) Travelling Allowance to base camp @ Rs. 750/- for 25 youth Trekking/Camping equipments for hire/purchase on lump sum basis=Rs. 35,000/-=Rs. 18,750/-=Rs. 12,500/-

Contingencies @ 25% of B&L above

=Rs. 8,750/-

Total

=Rs. 75,000/-
