

*Rajeev Gupta*, IAS  
Secretary



भारत सरकार  
युवा कार्यक्रम विभाग  
युवा कार्यक्रम एवं खेल मंत्रालय  
Government of India  
Department of Youth Affairs  
Ministry of Youth Affairs & Sports

D.O.No.2-25/2013-NYKS

September 17, 2013

Dear *Sh. Kumar*,

As you are aware, efforts are currently being made across the nation to effectively deal with the problem of 'crime against women'. Legislative changes have been made to create effective deterrent against such crimes. Social awareness campaigns are being carried out to inculcate/ promote the social values of 'respect for women'. In this context, a very effective measure would be to provide training to young girls/ women in self-defence, so as to empower them by inculcating the sense of self-confidence and pride among them.

2. The Department of Youth Affairs has created a huge network of young volunteers through two major programmes, namely, National Service Scheme (NSS) and Nehru Yuva Kendra Sangathan (NYKS). NSS is a network of Student Volunteers in Schools (+2 stage), Colleges and Universities, whereas NYKS is a network of non-student volunteers, mostly rural youth, having presence in 623 Districts of the country. Currently, NSS has about 32 lakh volunteers and NYKS has about 80 lakh volunteers (through about 2.80 lakh youth clubs) across the country. A sizeable proportion of these volunteers are young girls/ women.

3. I believe that we can make a significant intervention in the campaign for preventing 'crime against women' if we can provide training in self-defence to the NSS/ NYKS volunteers. This will create another major deterrent for the anti-social/ criminal elements.

4. I would request for your kind personal intervention in this matter for issuing appropriate instructions to various police training institutions as also the District SPs for providing self-defence training to NSS/NYKS girls/women volunteers. I am advising the NSS/ NYKS officials in your State to get in touch with the concerned officials in the Police set-up of your State in this regard.

*With regards,*

Yours sincerely,

*Rajeev Gupta*  
(Rajeev Gupta)

**Sh. Pramod Kumar,**  
Director General of Police, Gujarat  
Gujarat State Police Bhawan,  
Sector- 18, Gandhinagar, Gujarat