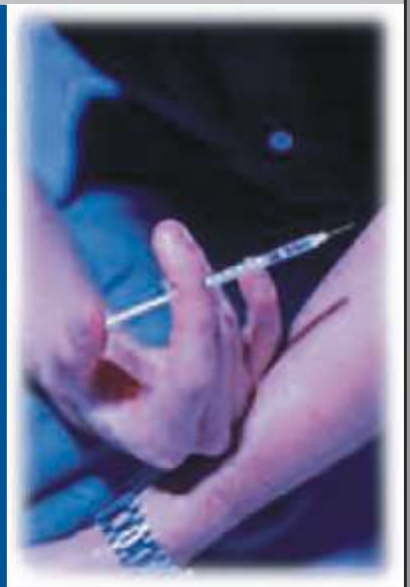


Guideline for the Implementation of the Project Awareness and Education for Prevention of Drug Abuse & Alcoholism in Manipur

*“Save Youth - Save Nation
Say No to Drugs & Alcohol”*



सत्यमेव जयते

Implementing Agency

Nehru Yuva Kendra Sangathan

Ministry of Youth Affairs & Sports, Govt. of India

Supported by

Ministry of Social Justice & Empowerment, Govt. of India



नेहरू युवा केंद्र संगठन

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Rationale of the Project

In a national survey conducted by Ministry of Social Justice and Empowerment (MoSJE), Government of India, it was estimated that about 73.2 million persons were alcohol, and drugs abusers. Nearly, 22% of them were found to be addicted and the number is increasing. The National survey also revealed that 80% of people who had ever used alcohol, continued to use it and the same was true for 70% of cannabis users and 65% opiate users- indicating that experimenting could lead to Drug abuse and alcoholism.

The upward trend of alcoholism and drug abuse is a signal towards the crippling of the society in general and the adolescents and youth in particular who are primarily **vulnerable and exposed** owing to their (adolescents and youth) mobility, natural instinct of experimentation, peer pressure; structural and environmental factors, including underdevelopment; easy availability of drugs and alcohol; dwindling social and family structure and support; stress arising from socio-political unrest; frustration because of the lack of employment opportunities for the growing educated and uneducated youth mass.

Drugs Abuse in Manipur - A Situation Analysis

Geographical position - the State of Manipur bordering Assam to its West, Mizoram to its South and Nagaland to its North within the country and Myanmar as its international neighbour is strategically important for the country as it falls within the **'Golden Triangle'** comprising of Myanmar, Vietnam, Laos, Thailand. Manipur share a common international border with Myanmar the world's second largest illicit opium producing country. Drug trafficking across the common border of Myanmar occurs with ease.

Drug trafficking - Drug trafficking across the common border of Myanmar occurs with ease.

Production and drug trafficking in Northeast India feature the following dimensions:

- Illicit cultivation of opium and cannabis;
- Smuggling of heroin and amphetamines from Myanmar in moderate quantities;
- Trafficking of pharmaceuticals such as dextropropoxyphene and codeine-containing cough syrups from other parts of the country and
- Trafficking of ephedrine and pseudo-ephedrine precursors from India to Myanmar

Use of Drugs - Following the introduction of heroin in the early 1970s, drug use among local youth in Manipur took a new turn. Injecting heroin (locally known as "number 4") soon took over from heroin smoking- a non-traditional form of opiate use in the State. Stringent laws and enforcement activities against heroin trafficking and peddling in the early 2000s in Manipur also resulted in another shift towards the vein puncturing habit of injecting other pharmaceutical products like dextropropoxyphene which is a synthetic pain reliever capsule meant only for oral use. Though treatment is possible for drug addiction, as for any other disease, universally accepted success rate is very low.

According to the United Nations Office on Drug and Crime (UNODC) report 2005, alcohol is the most commonly abused Drug in all the States in India. Although the sale of alcohol is prohibited in Manipur, alcohol users are the second largest group seeking treatment services after opiate users. Users of inhalants in Manipur are the third largest number of youths demanding treatment services.

Vulnerability Factors - It is important to recognize that a wide range of structural and environmental factors, including underdevelopment, increased the vulnerability of the young people to drug use. Easy availability of drugs, stress arising from socio-

political unrest and frustration because of the lack of employment opportunities for the growing educated youth mass in the State are often cited as the major causes of drug abuse and alcoholism a serious social disease.

Situation - It has been estimated, there are about 40,000-50,000 drug addicts in Manipur of whom nearly half of them are injecting drug users (IDU). Cases of drug abuse is fast rising in the state of Manipur with 12 per cent of drug addicts in the age group till 15 years, 31.32 per cent in the age group of 16-25 years and 55.88 percent in the age group of 25-35 years.

Problems arise from Drug Abuse - Findings of a study conducted by Impulse NGO Network, Shillong, 2002 suggest that 80% of the IDUs are introduced to drug use while they are below twenty years: a very critical stage in one's life. Drug abuse is associated with a lot of petty crimes and violence within the family and outside. Crimes like thefts are most common and it is done to fund their drug habits. This disease affects a person's health condition, physical and psycho-social aspects and, often, the person is unable to or unwilling to engage in any productive work beyond what is required for procuring drugs. Drug abusers are both educated and un-educated persons and are the smarter lot in the community they belong to. The society thus unfortunately loses such otherwise capable people through whom it could achieve better growth and development.

It is worth noting that intravenous use of pharmaceutical products, the use of opiate of choice for injecting in Manipur has been associated, unlike heroin, with higher risk of abscesses, non healing ulcers and amputations thereby increasing the morbidity of drug users. To top it all, injecting drug use falls in the category of the high risk behavior for HIV infection through sharing of injecting equipment. As per the same study mentioned above, more than 40% of the IDU share their needles and syringes in spite of their knowledge of possible HIV transmission through such risky practices. This is what makes it lethal, as there is no hope of having a cure for HIV in the near predictable future.

Constitutional Commitment

In the above context, it is most pertinent to mention here Article 47 of the Constitution, which provides that "The State shall regard the raising of the level of nutrition and the standard of living of its people and the improvement of public health as among its primary duties and in particular, the State shall endeavour to bring about prohibition of the consumption, except for medicinal purposes, of intoxicating drinks and of drugs which are injurious to health".

In this background, Nehru Yuva Kendra Sangathan (NYKS) has taken up this project across the State of Manipur under the Scheme of Ministry of Social Justice and Empowerment, Government of India with particular focus on adolescents and youths, their parents and other members of the community and the high risk/vulnerable groups with the intention of sensitising community about the socio-economic & ill health impact of addiction and the need of professional help to treat the same for one to lead a healthy and meaningful life.

Objectives of the Project

1. Assessing current situation and categorising the young people in the stage & extent of Drug Abuse and Alcoholism in the targeted villages
2. Sensitise and develop skills of political & religious leaders, parents and teachers to understand the psychology of the youth and to help them to keep away from alcoholism and drug abuse.
3. Generate awareness and educate Target Audience about the consequences and impact of alcohol and drug abuse and dependency, on health, psychological & socio-economic conditions.
4. Educate Target Audience about methods of prevention of alcohol and drug abuse and the need of professional help to treat the dependency to lead a healthy life.
5. Identify high risk groups/individuals and provide them necessary support and guidance for de-addiction.

Project Implementing Agency

Nehru Yuva Kendra Sangathan (NYKS) – its offices at National, Manipur State & its project targeted District level offices and village based Youth Clubs.

Profile - The scheme of Nehru Yuva Kendra (NYK) for each district in the country was started by Government of India in the year 1972. The Nehru Yuva Kendra Sangathan (NYKS) came into existence in 1987 as an autonomous body of the Government of India which is presently functioning under Department of Youth Affairs, Ministry of Youth Affairs & Sports. Since 1972, there has been a phenomenal expansion and growth of Nehru Yuva Kendras which are currently functional in 501 districts of the country. To manage, administer, monitor, guide and support 501 districts based Nehru Yuva Kendras, there are 28 Zonal Offices across the country with Headquarter at New Delhi.

The principal objective of NYKS is to mobilize, motivate, organize rural youth of the country and enhance their capacities to develop democratic institutional mechanisms in the form of village based Youth Clubs. It is to further develop and empower them to become productive and responsible citizens, assume local leadership to act as active partners in the process of community development and nation building activities with the spirit of equity, secularism and voluntary action.

The core strength of NYKS is a net work of 1.25 lakh active Youth Clubs and 1.75 lakh Youth Clubs in different stages of their consolidation with an enrolment of about 8 million volunteers in the age group of 13-35 years at the village level. Besides, there are 3311 Youth Development Centres, 2053 Rural Sports Clubs and 221 Rural Information Technology Youth Development Centers. Between these Youth Clubs, Centers and district NYKs there is volunteer force of 12300 National Youth Corps with whose assistance and participation, NYKS aims to achieve its objectives.

In order to achieve the set objectives through the established structures, networks, coordination and trained human resource, NYKS organizes Regular Programmes which are uniformly

distributed amongst the district kendras in the country; implement Schemes of Ministry of Youth Affairs & Sports; undertake Special Programmes and Projects in coordination and support of development Agencies, Ministries and Departments of Centre and State Governments meant for youth development and empowerment.

Funding Agency

Ministry of Social Justice and Empowerment (MoSJE), Government of India. As per enshrined Constitutional value under Article 47 to curb the growth of alcoholism and substance abuse in India, the major thrust of MoSJE is on adolescents (13 – 19 years) and youths (20 – 35 years), parents and other members of the community and high risk / vulnerable groups with the purpose of sensitising community about the impact of addiction and the need of professional help to treat the same. MoSJE has been implementing and providing support under different schemes in terms of financial assistance and technical guidance to NGOs and other organisations for Awareness and Preventive Education, Drug Awareness and Counselling Centres, Treatment-cum-Rehabilitation Centre, Workplace Prevention Programme, De-addiction Camps, NGO forum for Drug Abuse Prevention, Innovative Interventions to strengthen community based rehabilitation, Technical Exchange of Manpower development programme, Surveys, Studies, Evaluation and Research on the subjects covered under the scheme.

Coordinating and Support Agencies

National Institute of Social Defence (NISD) and concerned officials from MoSJE at National level; respective State Government Departments, District Administration & their Hospitals, De-addiction Centres and identified referral Units, Integrated Rehabilitation Centre for Addicts (IRCA), Rehabilitation and Research Training Centre (RRTC), Local Religious & Political Leaders, NGOs and Gram Panchayats.

In the process of implementation other National Youth Organizations viz. National Service Scheme (NSS), National Cadet Corps (NCC), Bharat Scouts and Guides (BSG) in your State and District should

be involved for their active participation and contribution towards achieving the objectives of this project.

Target Audience

Adolescents, youth and their peer groups as well as teachers, parents, local religious & political leaders and members of the village communities.

Geographical Coverage

S.No.	NYK/District	No. of Blocks	Name of Blocks selected in the District	No. of Villages
1	Churachandpur	5	Tuibung, Lamka, Hemlep, Samulamlan and Phaikot	150
2	Bishnupur	2	Bishnupur and Moirang	60
3	<i>Chandel</i>	5	<i>Moreh, Chandel, Chapikarong, Machi and Khonjoy</i>	150
4	Senapati	4	Tadubi, Purul, Paomata and Wiliong block	120
5	Kangpokpi	3	Kangpokpi, Saikul and Saitu	90
6	Thoubal	2	Thoubal and Kakching	60
7	<i>Ukhrul</i>	4	<i>Ukhrul, Kamjong, Chingai and Lungchong Maiphai</i>	120
	Total	25		750

Source: Zonal Office, NYKS, Imphal, Manipur. Districts and Blocks in italics, border with International Boundaries.

Duration of the Project - 12 months

Implementation Strategies

PHASE-1

Selection of Blocks and Villages and allocation to NYCs

In each district, targeted number of **blocks and their Villages** (as given in the table above) where the project is to be implemented in a district should be selected in a manner that it gives reflection of coverage of different parts and corners of the block in a district. Before this, the Youth Coordinator should go through district **NYKS Youth Clubs survey data and records** on the number of **Active and Existing Youth Clubs** in the identified block of the district. Strategically the selection of villages and their spread would be made where NYK has very active and existing Youth Clubs who with the spirit of voluntarism, cooperation and self-help can help in the smooth implementation of the project in their respective villages. Besides this, preference should be given to such Villages (with active Youth Clubs) where the problem of Drug Abuse and Alcoholism among the people is acute, the level of awareness is low and where such programmes have not reached with full strength and force and the attitude of the people towards this menace is not encouraging.

Further, at the time of identification of the Youth Clubs, as a part of Environment Building exercise, the Gram Panchayat Pradhans and Presidents of Youth Clubs, Local Religious Leaders, Women Groups, etc. should be briefed about the current situation in the Block about project, its objectives, programmes and activities, work plan, help and cooperation expected from them and village communities at large. The basic idea is to involve the local youth and village population to accept the project, help, support and encourage the affected and their families. It may go a long way in the successful implementation of the project in the identified villages with visible expected outcome.

The district and block wise names and addresses of the villages finally selected after this process and **their allocation to National Youth Corps**

(NYCs) be prepared in **Annexure – 1** and immediately be sent to the Zonal Director and who should in turn submit the consolidated district and block wise names and addresses of the villages under this project in Manipur State to NYKS Hqs. New Delhi.

- It may be noted that these NYCs will be in addition to the NYCs deployed for the programmes and activities of NYKs and hence should exclusively be engaged for project activities. Nonetheless, the services of the NYCs deployed for the programmes and activities of NYKs should also be taken for this project.
- Each NYC will cover a cluster of 30 villages each or more. NYC will be directly responsible for implementation of all block and village level project activities under guidance and supervision of the DPO & Youth Coordinator and with the support of the targeted village based Youth Clubs.

Collection of authentic Statistical data and information

Before the initiation of project implementation activities, the Zonal Director and District Youth Coordinator with the newly deployed SPO and DPOs shall discuss the project and collect following information and details. The same be brought, presented and submitted during one of the sessions of the Orientation Training.

- Collection of Project targeted District, Blocks & Villages wise authentic statistical data, information on the Situation and the extent of prevalence of Drug Abuse and Alcoholism among adolescents, youth and above population (mention source of data & information).
- Types of Drugs being prevalent and used in the project targeted District, Blocks & Villages.
- Sources of such Drugs and how they can be stopped – social & peer pressure, enforcement, legal action, political intervention.

The above details be collected Block wise in the following table:

Name of District: State:

Name of Block targeted under Project	Extent (percentage) of Prevalence of Drug Abuse and Alcoholism in different age groups in the Block															Types of Drugs being used	Sources of such Drugs
	13-19 yrs			20-24 yrs			25-29 yrs			30-35 yrs			above 35 yrs				
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T		
1																	
2																	
3																	
4																	
5																	
Total																	

- Reasons of Drug and Alcohol abuse.
- Who all could be involved and can provide help in addressing the issue of Drug and Alcohol abuse during the course of implementation of the project.

District Advisory Committee on Youth Programmes Special Meeting

After the above exercise, the Youth Coordinator should apprise the Deputy Commissioner (who is also the Chairperson of the District Advisory Committee on Youth Programmes – **DACY**P) about the current situation of Drug Abuse and Alcoholism in the district, about the project and also provide the copy of these guidelines, collected information and project summary.

The Youth Coordinator should request the Chairperson of the DACY P to convene a special meeting for this project. In this meeting, besides the members of DACY P, the Chief Medical Officer, Zonal Health Officer, Head of District Information Officer, De-addiction Centre, Head of Regional Resource Training Center, Social Welfare Officer, Heads of the NGOs and others who are working

for the cause of Drug Abuse and Alcoholism in the district and others who can practically help in the successful implementation of the project may be invited in consultation with the Chairman of DACY P.

During the meeting, the DACY P be apprised of the current situation of Drug Abuse and Alcoholism in the district, about the project and also provide the copy of these guidelines, collected information and project summary. Also the project details, work plan, its broad plan of implementation, selection of blocks and villages as well as future strategies should be discussed. During the meeting, discuss and identify the departments and agencies that would coordinate and provide support for the successful achievement of the set objectives with concrete outcome and sustainability.

In order to save time, the Youth Coordinator before the organization of DACY P meeting may prepare a tentative plan of action (**District Template given as Annexure - 2**) and discuss the same. The Youth Coordinator should send the approved copy of the Annual Action Plan in the prescribed proforma to

Zonal Director, NYKS, Manipur and the Zonal Director would in turn submit the consolidated State Action Plan to NYKS Hqs. New Delhi.

Formation of Village Level Committees

For grass root level supervision, monitoring, guidance and support, Village Level Committees named **Village Advisory Committee on Drug Abuse and Alcoholism** should be formed under the Chairmanship of Gram Panchayat Pradhan in each of the selected villages. The composition is given at **Annexure – 3**. Besides the proposed members of the committee, other persons and officials who can practically help in the successful implementation of the project can also be inducted in the Committee in consultation with the Chairperson of the committee. It should be followed by the organization of first meeting of each committee. During the meeting, the current situation, project details, work plan, its broad plan of implementation and future strategies should be discussed. The minutes of the meeting should be recorded by NYC and kept in the records of District NYK.

Project Implementation and Management Structure and Selection of Project Functionaries

For the smooth implementation of the project as well as for motivating, guiding, monitoring and supervising the project activities, a State Project Officer and a Project Assistant at Zonal Office and one District Project Officer at district level and one NYC Volunteers on 30 -33 villages each from the selected Blocks can be deployed **for 10 months duration only** as per **directions from NYKS Hqs.**

- **State Project Officer (SPO)** at Zonal Level can be engaged at a monthly consolidated honorarium of **Rs. 15,000/- for 10 months only**. She/he will be responsible for overall implementation of project activities under the direct supervision and guidance of Zonal Director, Manipur.

- A **Project Assistant** can be engaged at a monthly consolidated honorarium of **Rs. 7,500/ for 10 months only** at Zonal level for providing administrative support to the project.
- **District Project Officer (DPO)** at district level can be engaged at a monthly consolidated honorarium of **Rs. 10,000/- for 10 months only** – will work under the guidance of SPO and supervision and control of concerned District Youth Coordinator. The DPO will be responsible for execution of all district, block and village level activities through NYC volunteers.
- **NYC volunteers – one NYC Volunteer on 30 -33 villages each** or as the case may be from the selected Blocks can be engaged at a monthly consolidated honorarium of **Rs. 2,500/- for 10 months only and as per the guidelines of NYKS for deployment of NYCs.**
- It may please be **clarified to the selected candidates that** it is not a permanent service. It is a social service for a period of Ten Months and for that she/he will be given monthly honorarium by the Youth Coordinator and or Zonal Director as the case may be. Further, it may be clarified to the deployed workers under this project that he/she under any circumstances will not claim or will not be a liability on NYKS or Government of India and the services are from month to month basis under the said project and solely depend upon the release of grant-in-aid by the Ministry of Social Justice and Empowerment, Government of India.
- For the deployment of said workers, the pattern of letter & undertaking sent by NYKQ Hqrs. to Zonal Directors should be followed. Further, candidates **should be deployed only after the submission of an affidavit duly attested by a first class Magistrate.**
- To look into and ensure the above mentioned points would be the responsibility of the Youth Coordinator and Zonal Director, Manipur.

Training Programmes for Capacity Building

1. Training to State Project Officer, Project Assistant, District Project Officers at State Level

In order to orient the State Project Officer, Project Assistant, and District Project Officers about the scheme, project, objectives, plan of implementation (district specific), supervision, monitoring, reporting, expected outcome and follow-up, a **four day intensive Training cum Media Workshop with 25 participants** should be organized by Zonal Director at State Level soon after the completion of the deployment process. Well before the organization of the **Training cum Media Workshop**, reputed resource persons and Experts in the field of Drug Abuse and Alcoholism should be contacted for imparting training and for the development of IEC material in English and local languages.

The list of participants will include project functionaries, NYK District Youth Coordinators of the project district, communication experts, State / District level departments' officials, NISD officials, leading community workers, experts decided during DACYP meeting, and others so as to achieve the **objective** to train project functionaries and to develop State specific media strategy and IEC materials for distribution during the course of implementation of village level activities.

Further, based on these broad areas and keeping in view the objectives of the project, **Training cum Media Workshop** schedule should be developed in consultation with the local Experts and Officials by the Zonal Director. For ready reference suggestive **Academic Sessions for Training cum Media Workshop under the project are given at Annexure -6.**

The copy of the final training schedule along with the dates of the training should be sent to NYKS, H.qrs for seeking further guidance from NISD and finalization. Thereafter only, the activities be implemented.

The budget for the **Training cum Media Workshop** is as follows:-

Sl. No.	Particulars of Budget Head	Total Cost
1.	B&L expenses of 25 persons for 4 days @ ₹500 per person per day (25 x 4 x 500)	₹ 50,000.00
2.	Resource material/kit bag for 25 persons @ ₹500 per person (25 x 500)	₹ 12,500.00
3.	Hiring of training hall/venue @ ₹5,000 per day for 4 days (4 x 5000)	₹ 20,000.00
4.	To & fro TA/DA of 20 participants @ ₹1,000 per participant subject to actual (20 x 1000)	₹ 20,000.00
5.	To & fro TA/DA of 03 resource persons @ ₹2,000 per person subject to actual (3 x 2000)	₹ 6,000.00
6.	Honorarium of 03 resource persons @ ₹1,000 per person per day for 4 days (3 x 4 x 1000)	₹ 12,000.00
7.	Hiring of 2 taxi/vehicle @ ₹1,000 per day for 5 days (exclusive of POL expenses) (2 x 5 x 1000)	₹ 10,000.00
8.	Report writing/Documentation	₹ 15,000.00
9.	Organisational/contingent expenses	₹ 10,000.00
	Grand Total	₹ 1,55,500.00
Rupees One Lakh Fifty Five Thousand Five Hundred only		

2. Training to NYC Volunteers at State Level

One Training Programme for NYC volunteers of **3 days** for 25 participants in Manipur be organized at **State level** by the Zonal Director. The training should also be imparted by the Zonal Director, Youth Coordinators, SPO, DPO as well as the identified Resource persons/Experts from different districts in the field of Drug Abuse and Alcoholism. During training, the participants should also be apprised of as to how to prepare a Work Plan of Action for their respective 30 or more allotted villages. Therefore, on the first day of the training itself, the list of 30 villages allotted to each NYC should be distributed. The basic objective is to build capacity of the NYC volunteers towards implementation of all the envisaged programmes and activities to be organised at block and village

level with the support of Youth Clubs and other stakeholders of the project.

It may be noted that the success of the project also lies on the extent of the capacity building, knowledge and motivational level of the project functionaries. Therefore, serious efforts should be made to impart the best training to the project functionaries. For ready reference **Academic Sessions for NYC Volunteers Training under the project are given at Annexure -4.**

Moreover, they should also be thoroughly briefed about the project and the expected outputs. Emphasis should also be laid on regular and timely submission of reports and returns and follow up.

Soon after, the organization of the trainings, the information should be submitted along with a detailed write up on the training by Zonal Director to NYKS, H.qrs. The report should also contain the action photographs, press cuttings, sample reference material and literature given to the trainees as well as a sample village plan of action.

The budget for the Training of NYCs is as follows:

Sl. No.	Particulars of Budget Head	Total Cost
1.	B&L expenses of 30 persons for 3 days @ ₹500 per person per day (30 x 3 x 350)	₹ 31,500.00
2.	Resource material/kit bag for 30 persons @ ₹350 per person (30 x 350)	₹ 10,500.00
3.	Hiring of training hall/venue @ ₹ 3,000 per day for 3 days (3 x 3000)	₹ 9,000.00
4.	To & fro TA/DA of 25 participants @ ₹500 per participant subject to actual (25 x 500)	₹ 12,500.00
5.	To & fro TA/DA of 03 resource persons @ ₹2,000 per person subject to actual (3 x 2000)	₹ 6,000.00
6.	Honorarium of 03 resource persons @ ₹1,000 per person per day for 4 days (3 x 4 x 1000)	₹ 12,000.00
7.	Hiring of 1 taxi/vehicle @ ₹1,000 per day for 4 days (exclusive of POL expenses) (4 x 1000)	₹ 4,000.00
8.	Report writing/Documentation	₹ 10,000.00
9.	Organisational/contingent expenses	₹ 8,000.00
	Grand Total (Rupees One Lakh Three Thousand Five Hundred Only)	₹ 1,03,500.00

3. District level Convention

In order to sensitise all category of partners and stakeholders about the proposed initiative of NYKS to curb the growing menace of alcoholism and drug abuse, in each of the selected districts, **a one day District level Convention** of leading youth leaders, PRI members, Religious Leaders, NGO representatives, parents of adolescents & youth, teachers, etc. should be organized at district level. For the District Convention **200 participants** can be invited.

During the Convention, the participants should be made aware of the current situation of Drug Abuse and Alcoholism in the district, project objectives and NYKS plan of action. They should be motivated and develop a sense of belongingness to the project by providing them an opportunity to come out with their own ideas for undertaking the activities in their respective villages. They may be made aware of their roles and responsibilities and should be motivated to come forward and take active part in the project activities for their own benefit and the village community at large.

The budget for the District level Convention is as follows:

Sl. No.	Particulars of Budget Head	Total Cost
1.	To & fro travel expenses of 200 participants @ ₹100 per participant subject to actuals (200 x 100)	₹ 20,000.00
2.	Resource material for 200 persons @ ₹50 per person (200 x 50)	₹ 10,000.00
3.	Hiring of convention venue/tent house articles/public address system	₹ 5,000.00
5.	Refreshment & working lunch for 200 participants @ ₹100 per participant (200 x 100)	₹ 20,000.00
7.	Hiring of 1 taxi/vehicle @ ₹1,000 per day for 2 days (exclusive of POL expenses) (2 x 1000)	₹ 2,000.00
8.	Reporting including photography	₹ 4,000.00
9.	Organisational/contingent expenses	₹ 3,000.00
	Grand Total	₹ 64,000.00

4. Training Programs for Youth Club leaders

For sensitising and motivating Youth Club Leaders of the targeted villages in each of the selected districts under this project, Trainings for **100 Youth Leaders at Block Level with 10 Youth Leaders each from targeted villages** (both Female and Male) of that Block should be organized by the Youth Coordinator. The 10 Youth Leaders from each of the targeted villages should be selected in a manner that two of them may belong to Age Group 13-19, 20-24, 25-29, 30-35 and above 35 years respectively with the ratio of 70% male and 30 % Female.

It is important to note that after the training of these Youth Leaders their voluntary services should be utilized for identification of vulnerable groups and high risk individuals/families and undertake village level door to door Baseline Survey, Personal Contact and Peer Education activities as well as other activities envisaged in the project for prevention and awareness generation on the ill-effects of addiction and the need to take professional help to treat addiction.

Based on the number of participants, accordingly the budget be allocated by the Zonal Director as per the pattern for 100 participants given below. The budget for the **Training Programs for Youth Club leaders** is as follows:

Sl. No.	Particulars of Budget Head	Total Cost
1.	To & fro travel expenses of 100 participants @ ₹50 per participant subject to actuals (100 x 50)	₹5,000.00
2.	Resource material for 100 persons @ ₹50 per person (100 x 50)	₹5,000.00
3.	Hiring of convention venue/tent house articles/public address system	₹2,500.00
5.	Refreshment & working lunch for 100 participants @ ₹75 per participant (100 x 75)	₹7,500.00
7.	Hiring of 1 taxi/vehicle @ ₹1,000 per day for 2 days (exclusive of POL expenses) (2 x 1000)	₹2,000.00
8.	Reporting including photography	₹1,000.00
9.	Organisational/contingent expenses	₹1,000.00
	Grand Total	₹24,000.00

PHASE 2

Situation Analyses – Personal Contact and Peer Education Program

This activity should begin with an **Environment Building** exercise with advocacy for mobilizing Local Youth Leaders, Political Leadership, Religious and Community Leaders - Will, Support, Partnership, Action and Sustainability of the Project activities at village level.

Thereafter, in order to assess the current situation Knowledge, Attitude, Practices and Behavior pertaining to Drug abuse and alcoholism among adolescents, youth and above age groups (Age Group 13-19, 20-24, 25-29, 30-35 and above 35 years) as well as categorising the young people in the stage & extent of Drug Abuse and Alcoholism; a Door to door Survey in the targeted villages should be conducted through a **Survey Format given at Annexure-5** which should be fed electronically at district level based on the guidelines provided by NYKS Hqs. & updated from time to time.

Besides the set survey questionnaire, it is also to assess the opportunities with regard to the level of education, existence of schools and colleges for the activities as well as those to whom the communities listen to and obey and accordingly drawing & prioritizing set of activities, services required, coordinating agencies and partners at different levels with focus on targeted villages. In light of this, the evidence base would enable more targeted programming and to analyze the impact of current programming.

*It is important to note that besides above, during this survey the target audience (to whom the survey form questions were asked) should also be educated by the surveyor (NYC and local village trained Youth Leader) with Key primary prevention messages and observed gaps in level of awareness & knowledge in the provided information against the asked set of questions. During this activity the respondents and others in the village shall be given material developed under the Media Workshop and procured locally and commitment be taken that **'I Decide - I will not take drugs & alcohol and help others to refrain'**. It is also to strengthen awareness and protective factors among adolescents and youth in different settings and to extend it to parents, teachers and other community leaders.*

Village Baseline Survey – Personal Contact and Peer Education Program in Manipur

- No. of Villages – 750 (100%) under the Project
- Target Groups (5) – Adolescents, Youth and above (13-19 Yrs, 20-24 Yrs, 25-29 Yrs, 30-35 Yrs, above 35 Yrs)
- No. of Persons in each of the 5 Age groups to be interviewed – Minimum 20
- No. of Persons to be interviewed in a village = Minimum 100 persons (5 Age Groups x 20 persons in each Age group)
- Total Sample Size = 750 villages x 100 persons per village = 75,000 in Manipur

Strategy - How to undertake Baseline Survey

- **Impart training to DYCs, SPO, DPOs** and discuss with them how to fill the Survey Format and Physically fill the Format as a Sample and discuss problem if any and rectify
- **Impart training to NYCs** – who is on a cluster of 30 villages or more and discuss with them how to fill the Survey Format and Physically fill the Format as a Sample and discuss problem if any and rectify
- **Impart Training to village Youth Clubs Leaders** and other Youth Leaders (**Ten from each village**) Male – Female (70% - 30%) in respective 5 age groups preferably. Youth Leaders must be thoroughly oriented and practiced as to how to fill Survey Format and Interview persons, establish rapport and not to argue on a given question during **Block Level Training Programme**. They should be regularly motivated and followed up to get the Survey Formats filled as per the **Time Line**.
- No. of Youth Leaders with a NYC – 30 villages x 10 = 300 villages and more as the case may be
- Each of the 10 Youth Leaders in their respective villages to Interview minimum of 10 persons or more through the Survey Format.

- Baseline Survey exercise shall start with discussion by NYC and selected 10 Youth Leaders and others (teachers, parents, religious leaders, etc) with Gram Panchayat Pradhan and those who attended **District Convention**.
- Support shall also be mobilized from those who attended District Convention.
- Survey is **door to door through personal contact** and at the end provide IEC material, discuss, educate and **bridge gaps in information of the respondent**. Provide referral (address, Contact person name, phone no. etc) for **Prevention and De-addiction Centers**.
- Soon after the training of the Youth leaders at Block Level the Baseline Survey activity should start.
- In a day or two a Youth Leader can undertake 10 target group (Adolescents, Youth and above (13-19 Yrs, 20-24 Yrs, 25-29 Yrs, 30-35 Yrs, above 35 Yrs) Interview through Survey Format

How to fill format and methods

- Method of information collection – Interview and discussion
- Sampling – Random while Cover 30% female and 70% male
- **Selection of Survey area in the village** - Cross sectional i.e. households should be selected in a manner that all the sections and communities living in the village in different streets and localities are covered. For example in a village 5 different sections or communities are living. Thus from each street where a particular community is living 2 persons from an allotted age group should be interviewed for filling the Survey Format. Therefore, a Youth Leader who has been allotted 10 persons in a given Age Group to be interviewed (say 13-19 yrs) would visit 5 streets and from each street 2 persons would be interviewed. Further, these two households from a street should be selected randomly. For example one person could be from the beginning of the street and other

could be from the middle or at the end of the street and so on

- o Multiple Answers - Answer can be one or more (Multiple)
- o Only Tick Mark the Answer or Answers in the Box or Boxes as the case may be
- o Do not Ask the Name of Respondent
- o Only fill the No: in the form as 1 to 10 (the target given to a village Youth Leader)
- o Youth Leader should put his/her signature on the survey form and date
- So by **July 2011 end** the exercise shall be completed and all dully filled in Baseline Survey Format should **reach district NYK offices and the report be submitted in the Format given at Annexure -6.**

PHASE 3

Objective wise and Step wise set of corresponding Common Minimum Activities in a Village as well as in target area Schools and Colleges

Awareness generation - a starting point: The need for a national prevention programme cannot be denied. The National survey revealed that 80% of people who had ever used alcohol, continued to use it. The same was true for 70% of cannabis users and 65% opiate users, indicating that experimenting could lead to Drug abuse. Levels of awareness in the community and especially among young people need to be enhanced to ensure that they are made aware of the vulnerabilities that surround Drug and Alcohol abuse.

Sustained on-going prevention programming: The initiative did not just break myths & bring about awareness but as a result of sustained communication in a short period, awareness grew into the next stage, bringing about some level of behavior change too. Therefore, there is need for a sustained prevention programme to keep the dialogue on.

Objective wise and Step wise set of corresponding Common Minimum Activities in a Village as well as in target area Schools and Colleges

Objectives of the Project	Activity Code No.	Environment Building and Village level Activities (including local schools)	** No. of Activities – Measurable	
			Village Level	District Level
Training	TPCB	Training Programmes for Capacity Building		
	TPCB - 1	<ul style="list-style-type: none"> District level Convention of leading youth leaders, PRI members, Religious Leaders, NGO representatives, parents of adolescents & youth, teachers, etc 		01
Assessing current situation and categorising the young people in the stage & extent of Drug Abuse and Alcoholism in the targeted villages	TPCB - 2	<ul style="list-style-type: none"> Training Programs for Youth Club leaders at Block Level from 60 villages of 2 blocks in a districts (10 participants from each targeted village) 		
	SA	Situation Analyses - Personal Contact and Peer Education Program		No. of Village level activities multiplied by No. of villages selected in the District
	SA - 1	Environment Building <ul style="list-style-type: none"> Advocacy for Ensuring Local Youth, Political Leadership, Religious and Community - Will, Support, Partnership, Action and Sustainability of the Project activities 	In each village	
SA - 2	<ul style="list-style-type: none"> Door to door Survey in the targeted 60 villages among adolescents, youth and above age groups through a questionnaire (which can be fed electronically and updated from time to time) 	In each village		
Sensitise and develop skills of parents and teachers to understand the psychology of the youth and to help them to keep away from alcoholism and Drug abuse.	FG	Focused Group - Interactions, sensitization and motivation of Political & Religious Leaders, Parents and Teachers		
	FG - 1	<ul style="list-style-type: none"> Talk about, Discuss, and Open up the Epidemic of Drug Abuse and Alcoholism with political & religious leaders, parents and teachers 	4	As above
	FG - 2	<ul style="list-style-type: none"> Lectures by Experts, Focus Group Discussions and Meetings with political & religious leaders, parents and teachers 	4	-do-
	FG - 3	<ul style="list-style-type: none"> Mobilizing Support – Family, Society, Religious, Political and Peers for rehabilitation of addicts 	varies	-do-
	FG - 4	<ul style="list-style-type: none"> Telling Stories and Case Studies on Overcoming and Refraining from Drug Abuse and Alcoholism 	4	-do-
Generate awareness and educate Target Audience about the consequences and impact of alcoholism and Drug abuse and dependency, on health, psychological & socio-economic conditions.	SMEP	Social and Mass Educational Program		
	SMEP - 1	<ul style="list-style-type: none"> Preparing Village Joint Plan of Action 	1	As above
	SMEP - 2	<ul style="list-style-type: none"> Theme Based Songs – Rock Band, Traditional, and other preferred/liked locally 	5	-do-
	SMEP - 3	<ul style="list-style-type: none"> Rallies - Mass Awareness Generation, Educational & Motivational Campaigns & distribution of IEC material 	5	-do-
	SMEP - 4	<ul style="list-style-type: none"> Telling Stories and Case Studies on Overcoming and Refraining from Drug Abuse and Alcoholism 	5	-do-
	SMEP - 5	<ul style="list-style-type: none"> Practicing Yoga & Art of Living – as accepted by local community 	20	-do-
	SMEP - 6	<ul style="list-style-type: none"> Oath Taking Ceremonies on different occasions and activities against Drug Abuse and Alcoholism 	10	-do-
	SMEP - 7	<ul style="list-style-type: none"> Public Lectures by Experts and distribution of IEC material 	5	-do-
	SMEP - 8	<ul style="list-style-type: none"> Wall writing & poster campaign on prohibition of alcoholism and Drug abuse 	100	-do-
	SMEP - 9	<ul style="list-style-type: none"> Holding of Theme based street plays and cultural programmes 	5	-do-
	SMEP - 10	<ul style="list-style-type: none"> Painting competitions at school and village 	5+5	-do-
	SMEP - 11	<ul style="list-style-type: none"> Slogan & essay writing competitions at village and school /college level 	5+5	-do-
	SMEP - 12	<ul style="list-style-type: none"> Script writing competition on issues related to alcoholism and Drug abuse 	2	-do-
SMEP - 13	<ul style="list-style-type: none"> Lecture series in schools and colleges for promotion of healthy lifestyle among young persons 	5	-do-	

Educate Target Audience about methods of prevention of alcohol and Drug abuse and the need of professional help to treat the dependency to lead a healthy life.	SMEP -14	• Special Awareness Drive on National Days (26 th January, 15 th August and 2 nd October) and International Day against Drug Abuse and Illicit Trafficking (26 th June)	4	-do-
	FGAY	Focused Group of Adolescents and Youth who have started Drug Abuse and Alcoholism		
	FGAY - 1	• Peer Education activities	20	-do-
	FGAY - 2	• Reaching out to the Un-reached and Places of Drug Abuse and Alcoholism and vulnerable people	varies	As above
	FGAY - 3	• Telling Stories and Case Studies on Refraining from Drug Abuse and Alcoholism	5	-do-
Identify high risk groups/ individuals and provide them necessary support and guidance for de-addiction.	FGAY - 4	• Lectures by Experts, Focus Group Discussions and Meetings with adolescents and youth who have started Drug Abuse and Alcoholism	5	-do-
	AS	Access to Services		
	AS - 1	• Identification of addicts/families and vulnerable target groups	10	-do-
	AS - 2	• Focus Group Discussion and Meetings with the affected	2	-do-
	AS - 3	• Telling Stories and Case Studies on Overcoming Drug Abuse and Alcoholism	2	-do-
	AS - 4	• Counselling of addicts by local Experts, Village Elders, Spokes Persons, political & religious leaders, parents and teachers and those who are respected and listened to by the village community	6	-do-
	AS - 5	• Coping up with the Addicts and pursuing them to attend De-addiction Camps	varies	01
	AS - 6	• Participation of affected persons in De-addiction Camps through District level Awareness cum De-addiction Camps of 15 days each for 40 persons in a District	varies	40
Impact Assessment	IA	• Impact Assessment followed by Analyses, Finding's Report and Documentation at the end of implementation	In each village	

** Number of activities is suggestive

Budget for Village level activities: Rs. 4,000 per village for selected village level activities

(Rs. 4,000 x No. of villages targeted under the Project in a District = Total Rs.)

District level Awareness cum De-addiction Camps

During the process of door to door Survey – Personal Contact and Peer Education Program as well as during the envisaged village level activities the Youth Leaders, NYC should make the people aware of the harmful effects of Drugs and Alcohol Abuse, motivate them to visit de-toxification and de-addiction centres and provide them contact numbers, name of the contact person and addresses of such Centres in their vicinity. The report of this activity should be prepared and submitted in the format given at **Annexure -7**.

During these activities the volunteers, youth leaders and others may come in contact with the addicted

persons who wish to get de-addicted but because of their financial condition and due to other problems they are unable to get detoxified and finally de-addicted.

Such persons, based on their need, financial position and other aspects should be considered for providing opportunity for attending Government owned and sponsored de-addiction Centres in their vicinity. For this purpose the applications should be invited by the District Youth Coordinator and finally based on the total number of applications received a committee headed by DYC should finalize 40 beneficiaries under this project. **The budget estimates for District level Awareness cum De-addiction Camps is as follows:**

Sl. No.	Particulars of Budget Head	Total Cost
1.	B&L expenses @ 150 per person for 40 persons for 15 days (40 x 15 x 150)	₹90,000.00
2.	To & fro travel expenses @ ₹100 per participant for 40 participants subject to actual (40 x 100)	₹4,000.00
3.	Allowances for the IRCA staff	₹12,000.00
4.	Medicines	₹6,000.00
5.	Transport	₹4,500.00
6.	Contingencies (including rent of training hall and other essential equipments & expenses)	₹7,500.00
7.	Publicity	₹1,500.00
	Grand Total	₹1,25,500.00

Project Management Cost – State and District level

Sl. No.	Management Position	Numbers/ Units	Duration	Unit cost per month	Total cost
1.	State Project Officer	01	10 months	₹15,000	₹1,50,000.00
2.	Project Assistant at State level	1	10 months	₹7,500	₹75,000.00
3.	District Project Officer	07	10 months	₹10,000	₹7,00,000.00
4.	Honorarium of NYC volunteers	25	10 months	₹2,500	₹6,25,000.00
5.	Establishment expenses/office expenses at State level	01	10 months	₹10,000	₹1,00,000.00
6.	TA/DA of project functionaries at State level	1	10 months	₹5,000	₹50,000.00
7.	Establishment expenses/office expenses at District level	07	10 months	₹3,000	₹2,10,000.00
8.	TA/DA for project functionaries at District level	07	10 months	₹2,000	₹1,40,000.00
9.	Overall Project Documentation & Final Report Submission State Level	NA	NA	NA	₹20,000.00
	Grand Total for Project Management Cost				₹20,70,000.00

Total Project Cost in Manipur - ₹ 90,55,500

Expected Outcome under the Project

Quantitative

Tentatively it is expected that 250 activities (****Number of activities is suggestive**) would be organized in each of the targeted villages. Therefore, in 750 villages in 25 Blocks of 7 Districts in Manipur State the total number of activities would be 250 activities per village x 750 villages = 1,87,500 under the project to achieve the set objectives.

Qualitative

- Conducted and analyzed door to door survey (Situation Analyses & Impact Assessment) could be used for development of future projects and developing strategies and planning for addressing Alcoholism and Drug Abuse in the State of Manipur
- Provided a base for the State Government of Manipur and concerned Departments to monitor the situation and may plan programs and activities
- Trained and developed human resource (SPO, 7 DPO, 25 NYC volunteers and 750 Youth Club leaders) who can act as peer pressure group, social watch dogs, resource persons and implementers of Preventive Education and Awareness Generation in the field of Alcoholism and Drug Abuse
- Motivated and sensitized 8,900 leading youth leaders, PRI members, NGO representatives, parents of adolescents & youth, teachers, etc. who would act as advocates, partners and supporters in addressing the issues pertaining to Drug abuse and alcoholism
- Generated awareness and educated the adolescents, youth, village communities of 750 villages about the consequences and impact of alcoholism and Drug abuse and motivated them to refrain from their use and act as peer pressure group, social watch dogs.
- Identified 280 participants provided with the opportunity to undergo the process in a 15 day De-addiction Camps

- Project implementation guidelines, documented project implementation process & activities, reports, lessons learnt, success stories and best practices could be used for future projects by NYKS and MoSJE.

Monitoring and Evaluation

The project will be monitored and supervised by Director (Programs), Jt. Director and Asst. Director (Special Projects) at NYKS Hq level whereas in the field it would be monitored and supervised by Zonal Director, State Project Officers, District Programme Officers and District Youth Coordinators in Manipur State. The progress of the project and the attainment of set objectives and expected outcomes would be tracked through MIS **formats (Annexure - 8 and Utilization Certificate as NYKS format/ pattern in use)**, reports, and visits to project sites, interaction with the implementers, stakeholders and beneficiaries from time to time and follow up.

Impact Assessment

Besides above, at the end of the project an impact assessment study would be conducted. It would be compared with the outcome of the baseline survey conducted (before the implementation of village level activities) with respect to the level of knowledge, awareness, practices, attitude and behaviour towards Drug Abuse and Alcoholism of adolescents and youth on one hand and categorising the young people in the stage & extent of Substance Abuse on the other hand.

Since its' a pilot project, therefore, the real impact which could be ascertained from medium term / long term objectives would be beyond the scope of this project. Nonetheless, the comparative analysis at the end of the project would provide an insight to the extent the improvement in the level of knowledge, awareness, practices, attitude and behaviour towards Drug Abuse and Alcoholism of adolescents and youth as well as facilitate to know how many of the affected persons have been weaned away or put through counselling, de-addiction or rehabilitation process.

Overall Project implementation plan, activities & Time Line in Manipur

Project Activity – its' number, duration, beneficiaries and coverage	Project Implementation Time Line (12 months)											
	April 2011	MAY 2011	June 2011	July 2011	Aug 2011	Sept 2011	Oct 2011	Nov 2011	Dec 2011	Jan 2012	Feb 2012	Mar 2012
Preparation of Project summary, operational plan, set of activities, Time Line, expected outcome and sharing of the same with Manipur NYKS Zonal Directors and selected districts' Youth Coordinators												
Identification, selection and finalization of 25 Block wise list and number of villages (750) and Youth Clubs in each of the 7 project districts												
Selection of Project Functionaries viz. State Project Officer, Project Assistant, 7 District Project Officers and 25 NYC Volunteers on each from the selected Blocks for 10 months												
Preparation of Project Implementation Guidelines, MIS and Utilization Certificate Formats and sharing of the same with Manipur NYKS Zonal Directors, Deputy Directors and selected districts' Youth Coordinators												
Training Programmes for Capacity Building												
Launch function of the project for Manipur												
• Training of State Project Officer, Project Assistant, 7 District Project Officers & Development of IEC Material – One 4 days, State level Project Based Orientation, Training and Media workshop for a total of 25 participants, including experts suggested by MoSJ&E												
• 01 Training Programme for NYC volunteers at Regional level of 3 days for 25 participants in Manipur												
• 7 District level Conventions of 01 day each of leading youth leaders, PRI members, Religious Leaders, NGO representatives, parents of adolescents & youth, teachers, etc. 1400 participants (200 from each district)												
• 100, one day each Training Programs for 7500 Youth Club leaders at Block Level from 750 villages of 25 blocks in 7 districts (Ten participants from each targeted village) 14-15 Trainings per district, depending upon the number of villages targeted in the district												
Situation Analyses – Personal Contact and Peer Education Program												
Door to door Survey in the targeted 750 villages through a questionnaire (which can be fed electronically and updated from time to time) would facilitate in categorising the young people in the stage & extent of Substance Abuse; accordingly <u>drawing & prioritizing</u> set of activities, services required, coordinating agencies and partners.												
Preparation of each of the 7 districts Implementation Plans												
Awareness Generation and Preventive Education Activities												
Organization of Common Minimum Activities in 750 Villages in 25 Blocks of 7 Districts												
07 District level Awareness cum De-addiction Camps of 15 days each for 280 participants												
Impact Assessment followed by Analyses, Findings Report and Documentation, preparation of final Physical Report and Utilization Certificate of the Project and their submission to MoSJE												

**Blocks Wise-Villages and Youth Clubs Selected in the District
for the Implementation of the Project
Awareness and Education for Prevention of Drug Abuse & Alcoholism in Manipur**

Name of Youth Coordinator _____

Name of Zonal Director _____

Name of NYK _____

District _____

State _____

Month _____

Name of Villages and their cluster formation {30 or more villages per NYC} under the project and NYK NYCs of the block

Sr. No.	Block Name	Village Name	Youth Club Name and Address			Name of National Youth Corps (NYC) allotted Villages	
			Active (a)	Existing (b)	Total (a)+(b)	NYC under Project	NYC under NYK Prog.

District Action Plan Template for the Project Awareness and Education for Prevention of Drug Abuse & Alcoholism in Manipur State

District: _____ with TWO BLOCKS under the project as an EXAMPLE.

Name of Youth Coordinator _____ Name of Zonal Director _____

No. of Blocks Selected: 2 No. of Villages Selected: 60. No. of NYK NYCs: 4 No. of NYCs recruited under Project: 2

Duration: 1st April 2011 to 31st March 2012, D = days and M = month, Concerned District Departments Experts = CDE, Youth Leader = YL

Phase & Objectives	Preparatory, Training and Environment Building for Implementation of the Project in a DISTRICT Phase -1	**No. of Activities (No. X No. of Villages)	Time Line & Duration	Responsibility & Coordination	No. of Beneficiaries	Budget Rs. In Lakh
Preparatory	Selection of functionaries and Villages					
	Identification, selection and finalization of Block wise list of 60 villages and Youth Clubs the district	01	April , 5 D	YC, NYCs, YL	60 villages	-
	Selection of Project Functionaries viz. District Project Officer and 2 NYC Volunteers on each from the selected 2 Blocks for TEN Months	01	By April end	YC, Selection Committee	1+2 = 3	1.50
	Launching of Project – State Level					
	Launch function of the project for Manipur at State Level	01	4 th April	HQs, ZD, YCs	600	-
Trainings at State and District levels	Training Programmes for Capacity Building					
	Project Based Training of State Project Officer, Project Assistants, 7 District Project Officers at State Level	01	4 D by 3rd week June	ZD, YCs & experts from NISD, IRCA, RRTC, CDE – MoSJ&E	25	1.55
	And Media Workshop for Development of IEC Material – State level with above participants and experts suggested by MoSJ&E at State Level					
	Training Programme for NYC volunteers at State level	01	3 D June	ZD, YC, SPO, DPO, CDE	25	1.035
	District level Convention of leading youth leaders, PRI members, Religious Leaders, NGO representatives, parents of adolescents & youth, teachers, etc	01	01 D June	YC, SPO, DPO, CDE, NYCs	200	0.64
	Training Programs for Youth Club leaders at Block Level from 60 villages of 2 blocks in a districts (10 participants from each targeted village)	6	01 D June	YC, DPO, CDE, NYCs, Experts of NGOs	600	1.44

Objectives as given at S No. 1 to 5	Village level Activities (Including local schools) in a DISTRICT - Phase -2	**No. of Activities (No. X No. of Villages)	Time Line & Duration	Responsibility & Coordination	No. of Beneficiaries	Budget Rs. Lakh
Objective 1.	Situation Analyses - Personal Contact and Peer Education Program					Rs. 4,000 per village for village level activities (Rs. 4,000 x 60 villages = Rs. 2,40,000)
	Environment Building - Advocacy for Ensuring Local Youth, Political Leadership, Religious and Community - Will, Support, Partnership, Action and Sustainability of the Project activities	6x60= 360	July-August	YC, NYCs, DPO, YL, NYCs, Experts of NGOs, CDE	60 Village	
	• Door to door Survey in the targeted 60 villages through a questionnaire (which can be fed electronically and updated from time to time) among adolescents, youth and above age group. It would facilitate in categorising the young people in the stage & extent of Drug Abuse	1x60= 60	July-August	YC, NYCs, DPO, YL, NYCs, Experts of NGOs, CDE	60 villages	
	Focus Group-Interactions, sensitization & motivation of Political & Religious Leaders, Parents, Teachers					
	• Talk about, Discuss, and Open up the Epidemic of Drug Abuse and Alcoholism with political & religious leaders, parents and teachers (15 per village)	4X60= 240	Aug-Sept	As above	3600	
	• Lectures by Experts, Focus Group Discussions and Meetings with political & religious leaders, parents and teachers(20 per village)	4X60= 240	Aug-Sept	-do-	4800	
	• Mobilizing Support – Family, Society, Religious, Political and Peers for rehabilitation of addicts	varies	Aug-Sept	-do-		
	• Telling Stories and Case Studies on Overcoming and Refraining from Drug Abuse and Alcoholism	4X60= 240	Aug-Sept	-do-	4800	
	Social and Mass Educational Program					
	• Preparing Village Joint Plan of Action	1x60= 60	7 th Sept	-do-	60 villages	
	• Theme Based Songs – Rock Band, Traditional, and other preferred/liked locally	5x60= 300	Sept-Dec	-do-		
	• Rallies - Mass Awareness Generation, Educational & Motivational Campaigns & distribution of IEC material	5x60= 300	Sept-Dec	-do-		
	• Telling Stories and Case Studies on Overcoming and Refraining from Drug Abuse and Alcoholism	5x60= 300	Sept-Dec	-do-		
	• Practicing Yoga & Art of Living – as accepted by local community	20X60=1200	Sept-Dec	-do-		
	• Oath Taking Ceremonies on different occasions and activities against Drug Abuse and Alcoholism	10	Sept-Dec	-do-		
• Public Lectures by Experts and distribution of IEC material	5x60= 300	Sept-Dec	-do-			
• Wall writing & poster campaign on prohibition of alcoholism and Drug abuse	100	Sept-Dec	-do-			
• Holding of Theme based street plays and cultural programmes	5x60= 300	Sept-Dec	-do-			
• Painting competitions at school and village	5x60= 300 + 5x60= 300	Sept-Dec	-do-			
• Slogan & essay writing competitions at village and school /college level	5x60= 300 + 5x60= 300	Sept-Dec	-do-			
• Script writing competition on issues related to alcoholism and Drug abuse	2x60= 120	Sept-Dec	-do-			
• Lecture series in schools and colleges for promotion of healthy lifestyle among young persons	5x60= 300	Sept-Dec	-do-			
• Special Awareness Drive on National Days (26 th January, 15 th August and 2 nd October) and International Day against Drug Abuse and Illicit Trafficking (26 th June)	4x60= 240	Jun, Aug, Oct, Jan	-do-			
Objective 3.						

Objectives as given at S No. 1 to 5	Environment Building and Village level Activities (including local schools) in a DISTRICT	**No. of Activities (No. X No. of Villages)	Time Line Duration	Responsibility & Coordination	No. of Beneficiaries	Budget
Objective 4.	Focused Group of Adolescents and Youth who have started Drug Abuse and Alcoholism					Rs. 4,000 per village for village level activities (Rs. 4,000 x 60 villages = Rs. 2,40,000)
	<ul style="list-style-type: none"> Peer Education activities 	20X60= 1200	Sept-Dec	YC, NYCs, DPO, YL, NYCs, Experts of NGOs, CDE		
	<ul style="list-style-type: none"> Reaching out to the Un-reached and Places of Drug Abuse and Alcoholism and vulnerable people 	varies	Sept-Dec	-do-		
	<ul style="list-style-type: none"> Telling Stories and Case Studies on Refraining from Drug Abuse and Alcoholism 	5x60= 300	Sept-Dec	-do-		
	<ul style="list-style-type: none"> Lectures by Experts, Focus Group Discussions and Meetings with adolescents and youth who have started Drug Abuse and Alcoholism 	5x60= 300	Sept-Dec	-do-		
Objective 5.	Access to Services and Focus Group Program					
	<ul style="list-style-type: none"> Identification of addicts/families and vulnerable target groups 	10X60= 600	Oct-Jan	-do-		
	<ul style="list-style-type: none"> Focus Group Discussion and Meetings with the affected 	2X60= 120	Oct-Jan	-do-		
	<ul style="list-style-type: none"> Telling Stories and Case Studies on Overcoming from Drug Abuse and Alcoholism 	2X60= 120	Oct-Jan	-do-		
	<ul style="list-style-type: none"> Counselling of addicts by local Experts, Village Elders, Spokes Persons, political & religious leaders, parents and teachers and those who are respected and listened to by the village community 	6X60= 360	Oct-Jan	-do-		
Impact Assessment & Reports	<ul style="list-style-type: none"> Coping up with the Addicts and pursuing them to attend De-addiction Camps 	varies	Oct-Jan	-do-		
	<ul style="list-style-type: none"> Participation of affected persons in De-addiction Camps through District level Awareness cum De-addiction Camps for 15 days 	01	Feb 2012	-do-	60	
	<ul style="list-style-type: none"> Impact Assessment followed by Analyses, Finding's Report and Documentation at the end of implementation Documentation, preparation of final Physical Report and Utilization Certificate of the Project and their submission to MoSJE through NYKS 	All final	1st week of March	DPO, YC		

** Number of activities is suggestive

Composition of the Village Advisory Committee on Project Awareness and Education for Prevention of Drug Abuse & Alcoholism in Manipur State

1.	Panchayat/Gram Pradhan (President)	:	Chairperson
2.	Youth Club President	:	Vice chairperson
3.	Two Local Religious leaders	:	Member
4.	Teacher of a school / college	:	Member
5.	Three Representatives of Youth Club & NSS,NCC,BSG Volunteer in the Village	:	Member
6.	Gram Sewak and Sawika	:	Member
7.	Representative of local NGO working in the field of Drugs and Alcoholism	:	Member
8.	One Social Worker/Activist	:	Member
9.	One Woman Activist	:	Member
10.	National Youth Corps (NYC)Volunteer of NYK	:	Member Secretary

Monthly meetings of the committee should be organized so as to have an overall view and in site of the project progress and monitoring at Village level. During the meeting, the future plan of action, measures to further strengthen the implementation of the project for making it more effective and result oriented should be discussed. Besides this, the committee may explore means of coordination with other agencies who are undertaking similar activities at grass root level and also may sort out intra and inter village problems and conflicts, if any which may affect the outcome of the project.

The committee from time to time may also assess the needs of the project and the beneficiaries and may suggest remedial measures. Further, the committee should monitor not only the overall progress in physical and financial terms of the project but also ensure its sustainability.

Moreover, the minutes of the earlier meeting and follow up should also be discussed. The minutes of the meeting should immediately be prepared by the NYC after such meetings and the decision taken should vigorously be followed up.

**Academic Sessions for Training cum Media Workshop and
NYC Volunteers Training under the project
Awareness and Education for the Prevention of
Drug Abuse and Alcoholism**

Duration – 4 days and 3 days

Level – State Level, Manipur

Participants and Number - State Project Officer, Project Assistant, District Project Officers, NYK District Youth Coordinators of the project district, communication experts, State / District level departments' officials, NISD officials, and others total 35

Objectives of the Training and Media Workshop

- Enhance level of awareness and knowledge of participants in the field of Drug abuse and Alcoholism
- Make them acquainted with the Project modalities, targets, implementation strategies, methods and modes of effective communication and expected outcome
- Adopt and develop IEC material for distribution amongst targeted audience in the selected villages

Outcome

- Enhanced capacity of the participants for the successful implementation of the project within the given time frame and budget
- Developed IEC material and set it ready for printing

Suggestive Academic Sessions for the Training cum Media Workshop – the session at the end may have open house discussion, Group Discussion and Presentation

- 1. Session - Drugs and Alcohol** - What is Substance abuse, How does Drug Abuse Differ from Addiction?, Effects of Drug and Alcohol abuse on People Who abuse and who are Addicted, Common Drugs to which One can become Addicted, Signs and Symptoms of Drug Addiction, Risk Factors for Drug Abuse, Warning Signs a Teenager has; Problem of Drug Abuse, Implications of Drug Abuse, How to Talk to adolescents and youth about Drug Use and Abuse; what is de- toxification, de-addiction & Rehabilitation and how it is undertaken.
- 2. Session - Situation and Problem of Drug and Alcohol Abuse in Manipur** – Incidence of Drug and Alcohol Abuse in India and Manipur, Reasons for Drug and Alcohol Abuse, Types of Drugs being used in Manipur, their sources and how they can be stopped. How it can be Addressed, Deptt and Agencies which can be considered, availability of services.

Who could be target audience, who can facilitate in addressing the issue, De addiction and Rehabilitation centers?

- 3. Session - About the Project** - Background, concept, coverage, scope, target audience, objectives, strategies, activities, coordination, linkages budget, time line, monitoring, baseline survey, impact assessment – evaluation, roles and responsibilities, outcome, expectations, reports & returns.
- 4. Session - Personal Contact and Peer Education Programme – Door to door survey**
- Objective of the program and activity, Expected outcome, Strategies to initiate Survey, How to collect information, rapport establishment, Ethics involved; Contents of the Survey format; Target group – Age Group 13-19, 20-24, 25-29, 30-35 and above 35 (10 in each Group) per village 70% male and 30 % Female Door to Door survey; How to fill the Survey format, Target per NYC + Youth Leader per day; Time Line – July to Mid August; Undertaking awareness and education activity & disseminating prevention messages, access to services; Exercise – Actual filling up the Survey Format and discussion
- 5. Group Discussion and Presentation** - Project objective wise Implementation strategies and type of activities for the targeted audiences, Strategies and plans for door to door survey and time line vis-à-vis, the roles and responsibilities of SPO, DPO, NYC and NYK officials at State and District level.
- 6. Session - Media** - What is media and communication, Ways and means of effective communication, types of media and their effectiveness, Medias of communication for time bound and short duration project at village level, Selection of media of communication for the project activities primarily advocacy, environment building as well as on awareness and education for prevention of Drug Abuse and Alcoholism among rural adolescents and youth; IEC material as reference material distributed which has been brought by Resource Person
- 7. Session - Presentation of IEC material** collected and brought by each of the 10 DYCs from their respective districts and discussion
- 8. Session - Group Discussion for development and adoption of IEC material** and Presentation on IEC material developed/adopted e.g. Pamphlets, Posters, Hand Bills, Slogans, Messages, Brochures, scripts for nukkad natak, documentary, songs on the theme of drug and alcohol abuse, Others.
- 9. Session – Discussion on the adopted IEC material**, Presentation on finally adopted material which could be sent for Printing
- 10. Session - District Work Plan and District Situation Presentation** - Presentation by each of 10 districts Youth Coordinators (Fifteen minutes each) about the proposed Work Plan of their respective districts as well as presentation on statistical data, information on the situation of Drug & Alcohol Abuse; Types of Drugs being used, Reasons of Drugs and Alcohol Abuse, Source of drugs and alcohol and how they can be stopped in their respective districts
- 11. Session – Summing up and Consolidation** of Training and Media Workshop, clarification of doubts, if any, suggestions for the success of the project expected outcome, and other issues related to project for consideration

Nehru Yuva Kendra Sangathan

Baseline Survey – Personal Contact & Peer Education Program

Under the Project “Awareness and Education for Prevention of Drug Abuse & Alcoholism”

Supported by Ministry of Social Justice and Empowerment, Govt. of India

TICK MARK (✓) ANSWER IN THE BOX

Date: _____

Name of District: _____ Block: _____ Village: _____

Respondent No.: _____ Name of NYC In-charge: _____

Name of Youth Leader: _____ Age: _____ Signature of Youth Leader _____

Sl. No.	Question	Probable Answer
1.	Age	<input type="checkbox"/> 13-19 <input type="checkbox"/> 20 -24 <input type="checkbox"/> 25 – 29 <input type="checkbox"/> 30 -35 <input type="checkbox"/> Above 35
2.	Sex	<input type="checkbox"/> Male <input type="checkbox"/> Female
3.	Education	<input type="checkbox"/> Illiterate <input type="checkbox"/> Primary <input type="checkbox"/> Matriculate <input type="checkbox"/> Secondary <input type="checkbox"/> Graduate Post <input type="checkbox"/> graduate
	Presently Studying	<input type="checkbox"/> School <input type="checkbox"/> College <input type="checkbox"/> NO
4.	Occupation	<input type="checkbox"/> Student <input type="checkbox"/> Unemployed <input type="checkbox"/> Part-time Worker <input type="checkbox"/> Unskilled laborer <input type="checkbox"/> Skilled laborer <input type="checkbox"/> Self employed <input type="checkbox"/> Govt Service <input type="checkbox"/> Pvt Service
5	Marital Status	<input type="checkbox"/> Married <input type="checkbox"/> Unmarried <input type="checkbox"/> Divorced <input type="checkbox"/> Widow
6	If Married no. of Children	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> above 4
7	Your Monthly Income / Pocket Money	<input type="checkbox"/> Nil <input type="checkbox"/> < Rs. 1000 <input type="checkbox"/> Rs.1001-3000 <input type="checkbox"/> Rs.3001-5000 <input type="checkbox"/> Rs.5001-10000 <input type="checkbox"/> Rs.10001- 15,000 > <input type="checkbox"/> Rs.15000
8	Father's occupation	<input type="checkbox"/> Businessman <input type="checkbox"/> Government official <input type="checkbox"/> Farmer <input type="checkbox"/> Landless <input type="checkbox"/> laborer <input type="checkbox"/> Pvt Service
9	Mother's Occupation	<input type="checkbox"/> Housewife <input type="checkbox"/> Businesswoman <input type="checkbox"/> Government official <input type="checkbox"/> Farmer <input type="checkbox"/> landless <input type="checkbox"/> Laborer <input type="checkbox"/> Pvt Service
10	Family Monthly Income	<input type="checkbox"/> Nil <input type="checkbox"/> <Rs. 1000 <input type="checkbox"/> Rs.1001-3000 <input type="checkbox"/> Rs.3001-5000 <input type="checkbox"/> Rs.5001-10000 <input type="checkbox"/> Rs.10001- 15,000 > <input type="checkbox"/> Rs.15000
11	Family Background	<input type="checkbox"/> Nuclear Family <input type="checkbox"/> Joint Family <input type="checkbox"/> Extended Family
12	Family Atmosphere	<input type="checkbox"/> Happy <input type="checkbox"/> Average <input type="checkbox"/> Broken
13	With whom you Stay	<input type="checkbox"/> Family <input type="checkbox"/> Friend <input type="checkbox"/> Distant Relative <input type="checkbox"/> Alone <input type="checkbox"/> Hostel <input type="checkbox"/> PG

Sl. No.	Question	Probable Answer
14	Heard of Substances (Drugs, Alcohol, Injecting Drugs Use) tick mark the names you know	1. Drugs - <input type="checkbox"/> heroin smoking, <input type="checkbox"/> number 4, <input type="checkbox"/> opium and cannabis, <input type="checkbox"/> Bhang, <input type="checkbox"/> Ganjha, <input type="checkbox"/> Bhuki, <input type="checkbox"/> Marijuana - Hashish, <input type="checkbox"/> Brown Sugar, <input type="checkbox"/> Charas, <input type="checkbox"/> Tranquillizers or sedatives in form capsules and Tablets, <input type="checkbox"/> S P, <input type="checkbox"/> Chorex Cough Syrup, <input type="checkbox"/> Cocaine, <input type="checkbox"/> Heroin, <input type="checkbox"/> Inhalants, 2. <input type="checkbox"/> Alcohol - <input type="checkbox"/> Whisky, <input type="checkbox"/> Home/local made 3. <input type="checkbox"/> Injecting Drug Use 4. <input type="checkbox"/> Name not known but heard of similar names 5. <input type="checkbox"/> Not Heard
15	Have you Ever used any of above substances	<input type="checkbox"/> YES <input type="checkbox"/> NO (if NO then go to question No.)
	If YES, which Substance	<input type="checkbox"/> Drugs <input type="checkbox"/> Alcohol <input type="checkbox"/> Injecting Drug Use
16	Method of Use	<input type="checkbox"/> Oral <input type="checkbox"/> Sub-lingual <input type="checkbox"/> Inhale <input type="checkbox"/> Inject
17	At what AGE you first used substance	<input type="checkbox"/> Below 13 <input type="checkbox"/> 13-19 <input type="checkbox"/> 20 -24 <input type="checkbox"/> 25 – 29 <input type="checkbox"/> 30 -35 <input type="checkbox"/> Above 35
18	Place where you used substance	<input type="checkbox"/> Home <input type="checkbox"/> School <input type="checkbox"/> College <input type="checkbox"/> Street <input type="checkbox"/> Hotel <input type="checkbox"/> Shop <input type="checkbox"/> Secret Place <input type="checkbox"/> Hostel <input type="checkbox"/> PG <input type="checkbox"/> Field <input type="checkbox"/> Isolated Place
19	With whom you used substance	<input type="checkbox"/> Alone <input type="checkbox"/> Parents <input type="checkbox"/> Siblings <input type="checkbox"/> Peers <input type="checkbox"/> Stranger
20	Reason for First Use?	<input type="checkbox"/> Curiosity <input type="checkbox"/> Peer Pressure <input type="checkbox"/> Fun <input type="checkbox"/> Tensions <input type="checkbox"/> Experimentation <input type="checkbox"/> Ritual <input type="checkbox"/> Free <input type="checkbox"/> Party
21	From where substance was purchased/ procured	<input type="checkbox"/> Shop <input type="checkbox"/> Chemist <input type="checkbox"/> Friends <input type="checkbox"/> Home <input type="checkbox"/> Party <input type="checkbox"/> Stranger
22	Who paid for purchasing substance	<input type="checkbox"/> Friends <input type="checkbox"/> Myself <input type="checkbox"/> Free <input type="checkbox"/> Party <input type="checkbox"/> Relative <input type="checkbox"/> Parents <input type="checkbox"/> Siblings
23	Substance being Used in your Family	<input type="checkbox"/> NO <input type="checkbox"/> Alcohol <input type="checkbox"/> Drugs <input type="checkbox"/> Injecting Drug Use
24	Your experience after taking substance	<input type="checkbox"/> Felt High & Good <input type="checkbox"/> Not Good <input type="checkbox"/> Repented <input type="checkbox"/> OK
25	Were you aware of Harmful Effects of the substance you consumed for first time	<input type="checkbox"/> YES <input type="checkbox"/> NO
	If YES why you consumed substance	<input type="checkbox"/> Curiosity <input type="checkbox"/> Peer Pressure <input type="checkbox"/> Fun <input type="checkbox"/> Tension <input type="checkbox"/> Experimentation <input type="checkbox"/> Ritual <input type="checkbox"/> It would not effect me
	If NO – If known of the harmful effects still you would have taken the drugs	<input type="checkbox"/> NO <input type="checkbox"/> YES
26	Do you know harmful effects of substance	<input type="checkbox"/> YES <input type="checkbox"/> NO
	If YES what type of effects you know	<input type="checkbox"/> Bad Health <input type="checkbox"/> Financial Problems <input type="checkbox"/> Imprisonment <input type="checkbox"/> Bad Social Life <input type="checkbox"/> Disturbed Family Life <input type="checkbox"/> Isolation
27	What is your information source	<input type="checkbox"/> Newspaper <input type="checkbox"/> Television <input type="checkbox"/> Internet <input type="checkbox"/> Parents <input type="checkbox"/> Friends <input type="checkbox"/> Radio <input type="checkbox"/> Teacher <input type="checkbox"/> Pamphlets <input type="checkbox"/> Posters <input type="checkbox"/> Religious Leader <input type="checkbox"/> Panchayat <input type="checkbox"/> Educator <input type="checkbox"/> Personal contact program <input type="checkbox"/> NYK <input type="checkbox"/> Peer
28	Are you currently consuming substance	<input type="checkbox"/> YES <input type="checkbox"/> NO
	If NO why	<input type="checkbox"/> Harmful Effects <input type="checkbox"/> Costly <input type="checkbox"/> Don't like <input type="checkbox"/> Don't know from where to get drugs <input type="checkbox"/> Illegal
	If, YES Which substance you consume	<input type="checkbox"/> Drugs <input type="checkbox"/> Alcohol <input type="checkbox"/> Injecting <input type="checkbox"/> Drug Use

Sl. No.	Question	Probable Answer
29	Since how long consuming substance	<input type="checkbox"/> Less than 1 year <input type="checkbox"/> 2-3 yrs <input type="checkbox"/> 3-4 yrs <input type="checkbox"/> 5 yrs and above
30	How frequently you consume substance	<input type="checkbox"/> Daily <input type="checkbox"/> Twice a week <input type="checkbox"/> Thrice a week <input type="checkbox"/> Any time
31	From where you purchase substance	<input type="checkbox"/> Shop <input type="checkbox"/> Chemist <input type="checkbox"/> Friends <input type="checkbox"/> Home <input type="checkbox"/> Secret Place <input type="checkbox"/> Strangers
32	With whom you consume substance	<input type="checkbox"/> Alone <input type="checkbox"/> Parents <input type="checkbox"/> Siblings <input type="checkbox"/> Peers <input type="checkbox"/> Relatives <input type="checkbox"/> Stranger
33	Have you ever being caught by police for consuming drugs	<input type="checkbox"/> YES <input type="checkbox"/> NO
34	How much you spent per month on purchasing substance	<input type="checkbox"/> Rs 100 -300 <input type="checkbox"/> Rs 300-500 <input type="checkbox"/> Rs. 500-700 <input type="checkbox"/> Rs 700- 1200 <input type="checkbox"/> Rs 1200 - 3000 <input type="checkbox"/> Rs 3000 & above
35	Money for buying Addictive	<input type="checkbox"/> Own Earnings <input type="checkbox"/> Pocket Money <input type="checkbox"/> Siblings <input type="checkbox"/> Friends <input type="checkbox"/> Stealing Unethical ways
36	Changes you Experienced after Use of Substance	<input type="checkbox"/> Calmness <input type="checkbox"/> Loneliness <input type="checkbox"/> Mood swings <input type="checkbox"/> Ailments <input type="checkbox"/> Frustration <input type="checkbox"/> Urge for Sex
37	Problematic Effects after Use you experienced	<input type="checkbox"/> Violence <input type="checkbox"/> Accident <input type="checkbox"/> Risky Behavior <input type="checkbox"/> Ailments <input type="checkbox"/> Unprotected Sex
38	Have you ever thought of its Harm?	<input type="checkbox"/> Yes <input type="checkbox"/> No
	If, YES WHY you wish to Quit Substance	<input type="checkbox"/> Health issues <input type="checkbox"/> Family issues <input type="checkbox"/> Financial <input type="checkbox"/> Legal <input type="checkbox"/> Others advice <input type="checkbox"/> Awareness
39	Who influences you the most	<input type="checkbox"/> Parents <input type="checkbox"/> Teachers <input type="checkbox"/> Spiritual Leaders <input type="checkbox"/> Politicians <input type="checkbox"/> Films <input type="checkbox"/> Friends <input type="checkbox"/> Relatives <input type="checkbox"/> Sports Persons
40	Have you ever counselled for not to take substance	<input type="checkbox"/> YES <input type="checkbox"/> NO
	If YES, Who counselled you	<input type="checkbox"/> Counsellor <input type="checkbox"/> Parents <input type="checkbox"/> Teachers <input type="checkbox"/> Spiritual Leaders <input type="checkbox"/> Politicians <input type="checkbox"/> Friends <input type="checkbox"/> Relatives
41	After counselling still you take drugs	<input type="checkbox"/> YES <input type="checkbox"/> NO
	If YES WHY	<input type="checkbox"/> Addiction <input type="checkbox"/> Don't Feel High <input type="checkbox"/> Depression <input type="checkbox"/> Uneasiness <input type="checkbox"/> Pain <input type="checkbox"/> Tension <input type="checkbox"/> Frustration
42	Would you like to quit substance	<input type="checkbox"/> YES <input type="checkbox"/> NO
43	Are you aware of de-addiction Centres	<input type="checkbox"/> YES <input type="checkbox"/> NO
44	Would you visit Prevention & de-addiction centre	<input type="checkbox"/> YES <input type="checkbox"/> NO
	If NO Why	<input type="checkbox"/> Bad Shape <input type="checkbox"/> Non Professionals <input type="checkbox"/> Non Cooperative Staff <input type="checkbox"/> Remain Closed <input type="checkbox"/> Don't Treat Well <input type="checkbox"/> Not Accessible <input type="checkbox"/> Costly

Sl. No.	Question	Probable Answer
	If answer to question no. No. 15 is 'NO' then ask following questions	
45	Why you never tried the above mentioned or other substances	<input type="checkbox"/> Harmful effects <input type="checkbox"/> Costly <input type="checkbox"/> Never got opportunity <input type="checkbox"/> Don't like <input type="checkbox"/> Don't know from where to get drugs <input type="checkbox"/> Illegal
46	Do you know type of Harmful Effects of Substance	<input type="checkbox"/> Bad Health <input type="checkbox"/> Financial Problems <input type="checkbox"/> Imprisonment <input type="checkbox"/> Bad Social Life <input type="checkbox"/> Disturbed Family Life <input type="checkbox"/> Isolation
47	What is your information source	<input type="checkbox"/> Newspaper <input type="checkbox"/> Television <input type="checkbox"/> Internet <input type="checkbox"/> Parents <input type="checkbox"/> Friends <input type="checkbox"/> Radio <input type="checkbox"/> Teacher <input type="checkbox"/> Pamphlets <input type="checkbox"/> Posters <input type="checkbox"/> Religious Leader <input type="checkbox"/> Panchyat <input type="checkbox"/> Educator
48	If Substance provided Free to you would you like to take	<input type="checkbox"/> YES <input type="checkbox"/> NO
49	Do you know how the Substance are taken	<input type="checkbox"/> YES <input type="checkbox"/> NO
50	Have you ever seen a person taking drugs	<input type="checkbox"/> YES <input type="checkbox"/> NO
51	Have you ever met a Substance addicted person	<input type="checkbox"/> YES <input type="checkbox"/> NO
52	Types of Substances used in your Village	<input type="checkbox"/> Drugs <input type="checkbox"/> Alcohol <input type="checkbox"/> Tobacco <input type="checkbox"/> Injecting Drug Use
53	Approximately How many persons in your village take substance	<input type="checkbox"/> < 5 <input type="checkbox"/> 10-15 <input type="checkbox"/> 15-20 <input type="checkbox"/> 20-30 <input type="checkbox"/> 30-40 <input type="checkbox"/> 50-60 <input type="checkbox"/> >60
54	Which of the following persons which are close to you take Drugs	<input type="checkbox"/> NO <input type="checkbox"/> Father <input type="checkbox"/> Mother <input type="checkbox"/> Siblings <input type="checkbox"/> Peers <input type="checkbox"/> Relatives <input type="checkbox"/> Teacher
55	Substance being Used in your Family	<input type="checkbox"/> NO <input type="checkbox"/> Alcohol <input type="checkbox"/> Drugs <input type="checkbox"/> Injecting Drug Use
56	Substance being Used by your friends	<input type="checkbox"/> NO <input type="checkbox"/> Alcohol <input type="checkbox"/> Drugs <input type="checkbox"/> Injecting Drug Use
57	Are you aware of nearby de-addiction Centres	<input type="checkbox"/> YES <input type="checkbox"/> NO
58	If Yes, then tell the Condition of the Centres	<input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Average <input type="checkbox"/> Often Remain Closed <input type="checkbox"/> Non Professional Staff <input type="checkbox"/> Not Accessible
59	Have you seen any person in your village who died because of taking drugs and alcohol	<input type="checkbox"/> Yes <input type="checkbox"/> No

Nehru Yuva Kendra Sangathan
“Awareness Generation and Education for Prevention of Drug Abuse and Alcoholism”
Progress Report of the Baseline Survey – Personal Contact and Peer Education Program

District NYK _____ State _____ Zone _____ Month _____

No. of Blocks under the Project: _____

Total Number of Villages Targeted Under the Project: _____ No. of Village Advisory Committees Formed: _____

Total No. of local Village level Youth Leaders selected under the Project (Target – 10 per Village) : **Male** _____ **Female** _____

Total: _____

Total Number of adolescents, youth and above AGE group persons Targeted for Baseline Survey – Personal Contact and Peer Education Program (minimum 20 persons in each of the Five Age Groups Per Youth Leader per Village i.e. 20 persons X 5 Age Groups = 100 per Village) : **Male** _____ **Female** _____ **Total** _____

Baseline Survey – Personal Contact & Peer Education Program Conducted in Villages		Number of adolescents, youth and above AGE Group persons (5 Age Groups) Interviewed & provided information and Education on the Harmful Effects of Drugs and Alcohol Abuse, Prevention Methods, provided I E C material and Referrals												
No. of Villages where Survey Started	No. of Villages where Survey Completed	1. 13-19 yrs		2. 20-24 yrs		3. 25-29 yrs		4. 30-35 yrs		5. above 35 yrs		Total		
		M	F	M	F	M	F	M	F	M	F	(1+2+3+4+5)	Grant Total	

Nehru Yuva Kendra Sangathan
“Awareness Generation and Education for Prevention of Drug Abuse and Alcoholism”
Progress Report of the Identification of Drugs and Alcohol Addicts and their De-addiction

District NYK _____ State _____ Zone _____ Month _____

No. of Blocks under the Project: _____ Total Number of Villages Targeted Under the Project: _____

Number of adolescents, youth and above AGE Group persons (5 Age Groups) <u>Identified</u> as Drugs and Alcohol Addicts, <u>Motivated</u> to <u>attended De-addiction Centers & De-addicted</u>	Number of adolescents, youth and above AGE Group persons (5 Age Groups) covered																		
	1. 13-19 yrs			2. 20-24 yrs			3. 25-29 yrs			4. 30-35 yrs			5. above 35 yrs			Total (1+2+3+4+5)			
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T		Grand Total		
No. of Drugs Addicts Identified																			
No. of Alcohol Addicts Identified																			
No. of Identified Drugs Addicted persons Motivated for de-addiction																			
No. of Identified Alcohol Addicted persons Motivated for de-addiction																			
No. of Drugs Addicted persons attended De-addiction Centers																			
No. of Alcohol Addicted persons attended De-addiction Centers																			
No. of Drugs Addicted persons got De-addicted																			
No. of Alcohol Addicted persons got De-addicted																			

Monthly Progress Report for the MONTH _____ 201__

District: _____ State _____ Name of Youth Coordinator _____
 Name of Zonal Director _____ No. of Blocks Selected: _____
 No. of Villages Selected: _____ No. of Villages where Activities organized during the Month _____
 No. of NYK NYCs involved : _____ New NYCs under Project: _____
 Name of Agencies, Departments, National Youth Organizations (NSS, NCC, BSG) , and NGOs Coordinated & who provided support :

Mention Type of Resources & Material Mobilized & distributed:

Objective NO.	Activity Code No.	Village level Activities (including local schools & colleges), Environment Building and Trainings – Targets Set & Achieved																	
		**Activities Target Set for each village	Total Targets Set for the District	No. of Activities Organised during the month	Cumulative Achievement (Previous Months + Current Months' No. of Activities)	Balance Target No. of Activities	Beneficiaries												
							General			SC			ST			OBC			Grand Total
M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T		
Training	TPCB																		
	TPCB - 1																		
	TPCB - 2																		
Objective .1	SA																		
	SA - 1	6 in each village																	
	SA - 2	In each village																	
Objective .2	FG																		
	FG - 1	4																	
	FG - 2	4																	
	FG - 3	varies																	
	FG - 4	4																	

Objective NO.	Activity Code No.	Village level Activities (including local schools & colleges), Environment Building and Trainings – Targets Set & Achieved																	
		** Activities Target Set for each village	Total Targets Set for the District	No. of Activities Organised during the month	Cumulative Achievement (Previous Months No. of Activities + Current Months' No. of Activities)	Balance Target No. of Activities	Beneficiaries												
							General			SC			ST			OBC			Grand Total
M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T		
Objective .3	SMEP																		
	SMEP - 1	1																	
	SMEP - 2	5																	
	SMEP - 3	5																	
	SMEP - 4	5																	
	SMEP - 5	20																	
	SMEP - 6	10																	
	SMEP - 7	5																	
	SMEP - 8	100																	
	SMEP - 9	5																	
	SMEP - 10	5+5																	
	SMEP - 11	5+5																	
	SMEP - 12	2																	
	SMEP - 13	5																	
SMEP - 14	4																		
Objective .4	FGAY																		
	FGAY - 1	20																	
	FGAY - 2	varies																	
	FGAY - 3	5																	
	FGAY - 4	5																	

Objective NO.	Activity Code No.	Village level Activities (including local schools & colleges), Environment Building and Trainings – Targets Set & Achieved																	
		** Activities Target Set for each village		Total Targets Set for the District	No. of Activities Organised during the month	Cumulative Achievement (Previous Months No. of Activities + Current Months' No. of Activities)	Balance Target No. of Activities	Beneficiaries											
		General						SC			ST			OBC			Grand Total		
M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T		
Objective .5	AS																		
	AS - 1	10																	
	AS - 2	2																	
	AS - 3	2																	
	AS - 4	6																	
	AS - 5	varies																	
	AS - 6	varies																	
Impact Assesment	IA	All villages																	

(** activities targets suggestive) Enclose Press Clippings, Photographs, Success Stories, Lessons Learned, etc

Signature: _____

Name: _____

Designation: _____

Office Seal Date: _____



Nehru Yuva Kendra Sangathan

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